

Using an Insulin Pen: Easy as 1-2-3

1

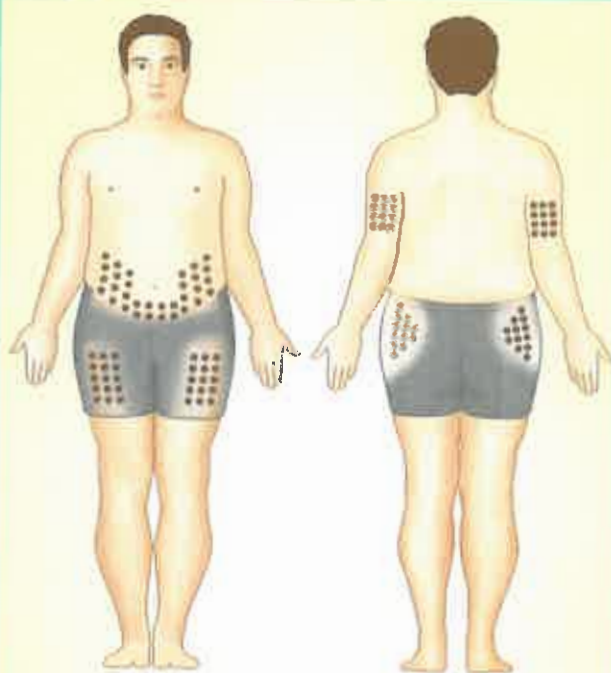
Get Ready



- **Gather your supplies.**
- **"Prime" the pen.**
- **Dial-up your dose.**

2

Get Set



- **Select your site.**
- **Make sure it is clean.**

3

Go



- **Push needle straight into skin.**
- **Press button down; hold for a count of 10.**

Step-by-Step: Injecting with an Insulin Pen



Get the Pen Ready

1. Tear off paper tab from needle.
2. Wipe tip of pen with alcohol.
3. Screw needle onto pen.



Prime the Pen

4. Turn pen dial until you see a "2" in the dose window.
5. Hold pen with needle facing up. Push button in.

Drop of insulin at needle tip



Press dose button

6. Look for a drop of insulin at tip. If no drop, repeat steps 4 and 5.

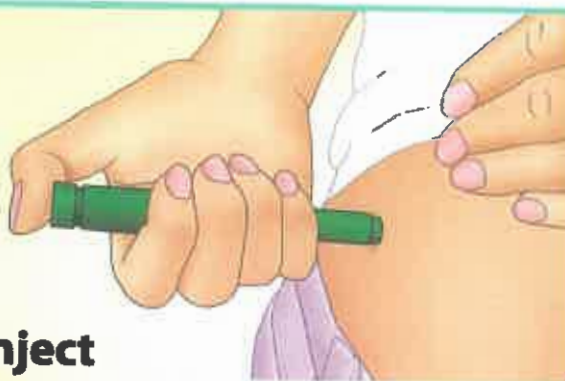


Dial the Dose

7. Turn pen dial to your dose.

Choose the site

8. Pinch up skin if needed



Inject

9. Push needle into skin.
10. Press dose button in.
11. Hold for 10 seconds.



After Injecting

12. Remove needle from skin.
13. Place large cap on needle; turn counterclockwise to remove needle from pen.