



SOUTH COUNTY HEALTH

2025 Community Health Needs Assessment



About South County Health and the 2025 CHNA

At South County Health, our mission is clear: to be Rhode Island's Most Trusted Health Partner, delivering the highest quality, accessible, and sustainable healthcare to our community. We are deeply committed to the health and wellbeing of our community. Our focus remains on expanding access, driving medical innovation, and delivering exceptional experiences to our patients through personalized, high-quality, and safe care—all close to home.

What began as a cottage hospital on Kenyon Avenue in 1919 has evolved into a technologically advanced healthcare system whose innovations and expertise has enabled South County Health to gain national and international recognition for excellence in patient care and positive outcomes. We look forward to providing care to this and future generations of patients and continually advancing the medical capabilities we offer and the health of those we serve.

South County Health is a leader in medical quality, service, and innovation providing care to patients across Rhode Island in acute and outpatient settings. South County Health is comprised of South County Hospital, South County Medical Group, and South County Home Health. South County Hospital is a 100-bed acute care hospital located in Wakefield, RI

South County Health is dedicated to understanding and addressing the most pressing health and wellness concerns for the communities we serve. In collaboration with the Hospital Association of Rhode Island (HARI) and its member hospitals, South County Health undertook a Community Health Needs Assessment (CHNA) for its service area. The goal of the CHNA is to monitor the health of community members and to identify common and unique challenges across the region. The CHNA informs the development of a Community Health Improvement Plan (CHIP) to address identified priority needs and align community investments with the highest needs.

South County Health 2025 CHNA Leadership

Lynne Driscoll, RN, BSN, CCM

Assistant Vice President of Community Health

Holly Fuscaldo, LICSW, QMHP, CCISM

Clinical Team Lead, Case Management & Behavioral Health

Nina Laing, RN BSN CCM

Director, Case Management Department

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The 2025 Community Health Needs Assessment

The goal of the CHNA was to gather data and community input to inform strategies and policies to support a healthy and thriving Rhode Island and to foster collaboration among community organizations in developing and delivering services to the residents they serve.

CHNA Study Objectives:

- Compile a comprehensive profile of the factors that impact health and wellbeing for residents
- Compare community health indicators with previous CHNAs to document trends and changes
- Demonstrate the impact of Social Drivers of Health; document disparities experienced by populations and communities
- Strengthen community member engagement and partnerships; engage residents in the study process
- Define three-year priority areas and develop action planning
- Develop a community resource to monitor the progress of community health initiatives

The results of the CHNA will help us identify priorities and strategies to improve health and wellbeing in the region and promote health for all residents. Responding to the study findings and sharing data with other community-based organizations, HARI and its hospital members aim to ensure that all residents benefit from our local resources, robust social service network, and the high-quality healthcare available in our community to help residents live their healthiest lives.

We thank you for partnering with us in this effort. We invite our community partners to learn more about the CHNA and opportunities for collaboration to address identified health needs. Please visit our website at <https://www.southcountyhealth.org/about-sch/about-sch/community-health-needs-assessment> or contact Nina Laing at nlaing@southcountyhealth.org.

Research Partner

HARI and its member hospitals contracted with Build Community to conduct the CHNA. Build Community is a woman-owned business that specializes in conducting stakeholder research to illuminate disparities and underlying inequities and transform data into practical and impactful strategies to advance health and social equity. An interdisciplinary team of researchers and planners, Build Community has worked with hundreds of healthcare and community-based organizations and their partners to reimagine policies and achieve measurable impact. Learn more about their work at buildcommunity.com.



2025 CHNA Leadership and Oversight

The Hospital Association of Rhode Island (HARI) is a statewide trade organization that assists member hospitals in effectively meeting the healthcare needs of Rhode Island through advocacy, representation, education, and services. HARI and its members work collaboratively to address issues impacting Rhode Island's health care system. Issues include increasing healthcare costs, healthcare transformation, eliminating patient harm, rising medical liability premiums, and decreasing reimbursement. Together with its members, HARI works to ensure that all Rhode Islanders receive comprehensive, high-quality care.

Since 2011, HARI has convened a steering committee of its member hospitals to collaborate on a statewide Community Health Needs Assessment (CHNA). This collaboration ensures a comprehensive study and comparisons of communities across the state and fosters collective impact to address the most pressing issues that impact health for Rhode Islanders. The following individuals served on the CHNA committee as liaisons to their organizations and the communities they serve.

HARI 2025 CHNA Partners and Steering Committee Members

Hospital Association of Rhode Island

Lisa Tomasso, Senior Vice President

Brown University Health

Carrie Bridges Feliz, Vice President Community Health and Equity

Care New England

Aleyra Lamarche Baez, DEI and Community Engagement Liaison

Kevin Martins, Vice President and Chief Diversity Officer

CharterCARE

Otis Brown, Vice President Marketing and External Affairs

Eleanor Slater Hospital

Hector Guerreiro, Associate Director of Admissions and Clinical Liaison

Landmark Medical Center

Carolyn Kyle, Director of Marketing, Physician Relations, and Business Development

South County Health

Lynne Driscoll, Assistant Vice President Community Health

Holly Fuscaldo, Clinical Medical Social Worker and Wellness Lead

Nina Laing, Manager Case Management

Yale New Haven Health Westerly Hospital

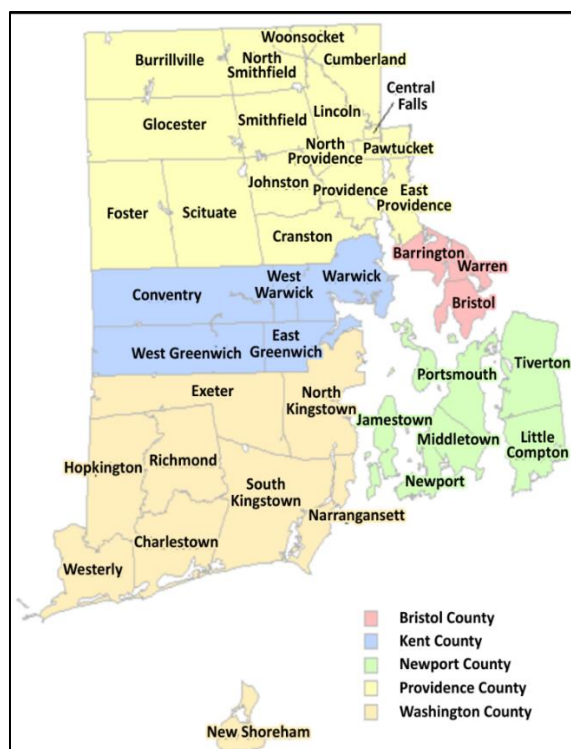
Lindsey Greene-Upshaw, Senior Manager Office of Health Equity and Community Impact

Melissa Sigua, Community Health Project Coordinator

2025 CHNA Study Area

The CHNA data findings are reported for all Rhode Island counties with comparisons to state and national benchmarks.

Rhode Island Counties and Communities



HARI 2025 CHNA Participating Member Hospitals and Locations

Health System	Member Hospital	City, Zip Code
Brown University Health	Bradley Hospital	Riverside, 02915
Brown University Health	The Miriam Hospital	Providence, 02906
Brown University Health	Newport Hospital	Newport, 02840
Brown University Health	Rhode Island Hospital	Providence, 02903
Care New England	Butler Hospital	Providence, 02906
Care New England	Kent Hospital	Warwick, 02886
Care New England	Women & Infants Hospital	Providence, 02905
CharterCARE Health Partners	Our Lady of Fatima Hospital	North Providence, 02904
CharterCARE Health Partners	Roger Williams Medical Center	Providence, 02908
Prime Healthcare	Landmark Medical Center	Woonsocket, 02895
Rhode Island Behavioral Healthcare, Developmental Disabilities & Hospitals	Eleanor Slater Hospital	Cranston, 02920
South County Health	South County Hospital	Wakefield, 02879
Yale New Haven Health	Westerly Hospital	Westerly, 02891

The hospitals defined their service areas as the county(ies) served and used the zip codes of residence for the majority of patients seen at their facilities to define their primary service area. Demographics and other available indicators for zip codes and neighborhoods within each hospital's primary service area were analyzed to determine opportunities for prioritized interventions to address health and social disparities.

South County Health operates South County Hospital, an independent community hospital located in Wakefield in Washington County. South County Hospital defined its primary service area as 22 zip codes encompassing most of Washington County and portions of Kent and Providence counties.

South County Hospital Primary Service Area



Research Methods

The CHNA was conducted from October 2024 to June 2025 and included primary and secondary research methods to determine health trends and disparities.

Primary Research and Community Engagement

Community engagement was an integral part of the CHNA. Collaborating with community-based organizations across Rhode Island, input was invited and received from a wide array of community members with a particular focus on diverse populations, under-resourced areas, and communities that have been historically marginalized. Study participants provided perspectives on unmet health and social needs; community resources available to meet those needs; barriers to accessing services; service delivery gaps; and recommendations to improve health and wellbeing.



Key Stakeholder Survey

We conducted an online survey with 120 individuals that serve diverse communities and populations across Rhode Island to collect input about local health needs, client experiences in receiving and accessing services, and opportunities for collective impact.

Community Conversations and Engagement



We invited wide participation with diverse stakeholders and residents through community meetings and small group discussions to share CHNA findings and gather feedback on priority health issues. Participants included Rhode Island Department of Health officials, local Health Equity Zone (HEZ) members, and other community partners and coalitions to align efforts and promote collaboration across existing initiatives.

2025 CHNA Community Engagement Partners and Events

- Health Equity Zone (HEZ) Learning Community Quarterly Conferences
- HEZ Partners Evaluation Collaboration
- HEZ Leadership Collaboration
- Rhode Island Department of Health (RIDOH), Health Equity Institute Collaboration
- RIDOH/Providence HEZ Collaboration
- Narragansett Older Adults Focus Group
- Newport Partnership for Families Partner Meeting
- Partnership to Reduce Cancer Meeting
- Washington County Healthy Bodies, Healthy Minds Collaboration
- Washington County HEZ Housing Summit
- Washington County Partner Forum
- Westerly Older Adults Focus Group
- West Warwick HEZ Partner Forum
- Woonsocket HEZ Partner Forum
- West Warwick HEZ ODPR Workgroup

Secondary Data Analysis



Secondary data are reported by county and by zip code, as available, to demonstrate localized health needs and disparities. Data for Rhode Island's "core cities," identified as Central Falls, Pawtucket, Providence, and Woonsocket, are also reported. The core cities are communities that have historically experienced greater economic distress and potential for poor health outcomes. The most recently available data at the time of publication is used throughout the study; due to the time required to collect and analyze these data, it is typical for these data to reflect prior years rather than current year.

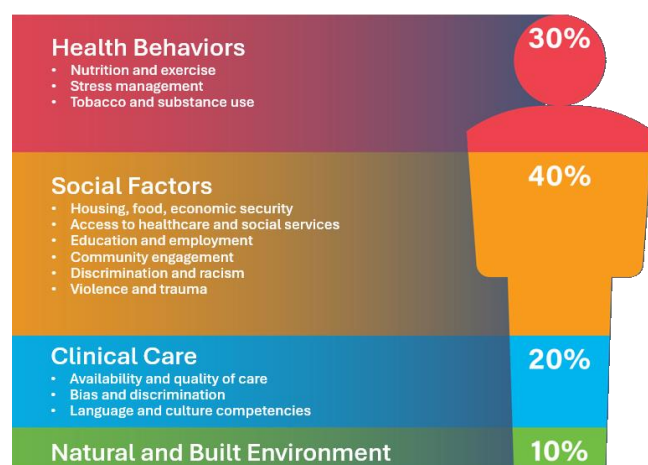
Social Drivers of Health

Where we live impacts choices available to us

The CHNA was conducted to provide deeper insights into the differences in health and wellbeing experienced between groups of people in Rhode Island. We used the Social Drivers of Health (SDoH) framework to study and document income and poverty; housing and food security; early learning and education; social factors and the environment and built community. We analyzed data across these five domains of SDoH to identify strengths and challenges in our community that impact our health and wellbeing. Graphic Credit: U.S. Department of Health and Human Services



Social Drivers of Health are the conditions in the environments where people are born, live, learn, work, play, worship and age that affect a wide range of health, functioning and quality-of-life outcomes and risks.



50% of a person's health is determined by social factors and their environment.

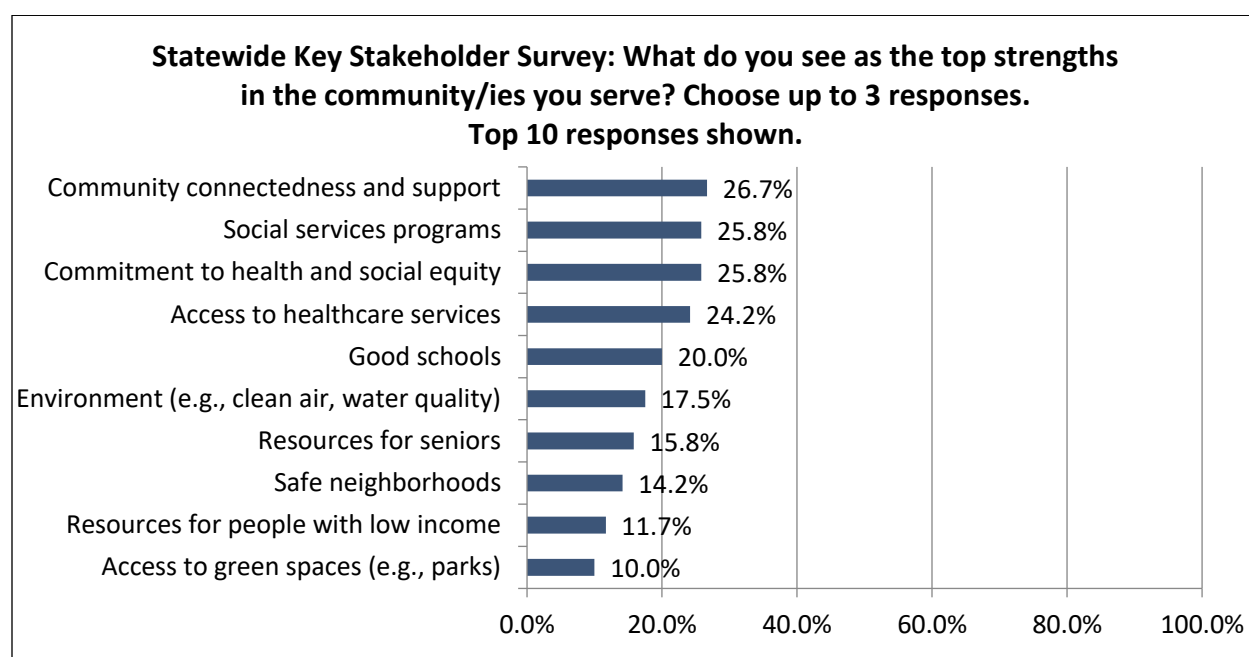
Only **20%** of health outcomes are attributed to clinical care.

Examining data across SDoH domains helps us understand factors that influence differences in health status, access to healthcare, and outcomes between groups of people. These differences include higher prevalence of chronic diseases like diabetes, lack of health insurance, inability to afford essential medications, and shortened life expectancy. Advancing health for all residents means ensuring that all people in a community have the resources and care they need to achieve optimal health and wellbeing. To advance health for all, we need to look beyond the healthcare system to address "upstream" SDoH issues like education attainment, job opportunities, affordable housing, and safe environments.

Our Strengths and Opportunities

Rhode Island is one of the healthiest states in the nation. Residents as a whole live longer and enjoy better health while they're alive. When asked what they see as the top strengths for the community, participants of the statewide Key Stakeholder Survey saw social cohesion factors like *community connectedness and support* and *commitment to health and social equity* among the top attributes. Key stakeholders also identified community resources like *social service programs*, *healthcare services*, and *schools* as top strengths across the state.

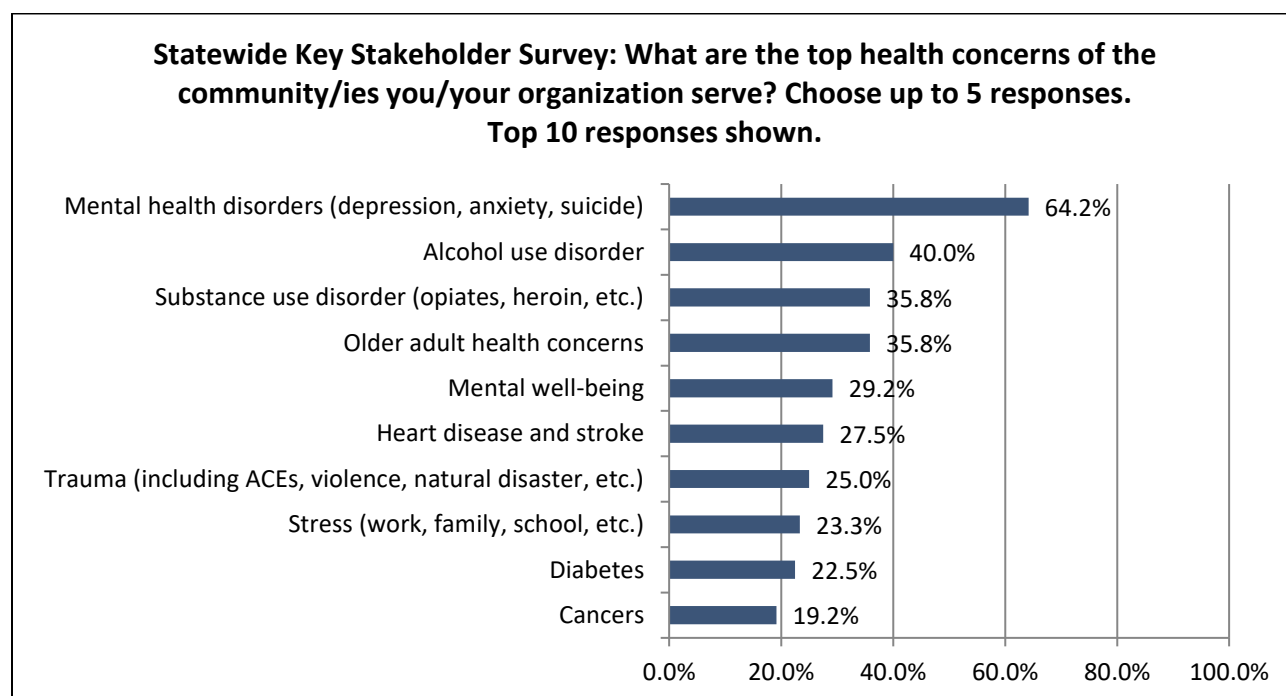
When asked to rate various SDoH factors for Rhode Island communities, approximately 50% of Key Stakeholder Survey participants rated access to green spaces and outdoor recreation, community safety, and civic participation as “good” or “excellent.” Over one-third rated inclusion and appreciation of diversity in people and ideas and job training and education opportunities as “good” or “excellent.”



Community Strengths

- Economic vitality and strong anchor institutions
- Sense of community and civic engagement
- Commitment to health and social equity
- Natural recreational resources and green spaces
- Strong social service safety net
- High quality healthcare services
- Lower prevalence of disease burden and death
- Resources for older adults
- Good schools and universities

Using these existing strengths and community assets, communities can work together to improve health. When asked to name the top health concerns affecting the people they serve, Key Stakeholder Survey participants overwhelmingly identified issues related to behavioral health (e.g., mental health, substance use, trauma, stress). Other identified issues included older adult health concerns and chronic conditions (e.g., heart disease, diabetes, cancer). Key stakeholders' perceptions of these health concerns were in line with the secondary data statistics for the state.



Community perception and public health data suggest that many of the identified health concerns worsened in recent years due to the lingering impact of the COVID-19 pandemic (e.g., isolation, delayed healthcare, developmental delays) and underlying SDOH factors, including rising cost of living, housing instability, and declining access to care. More than 70% of Key Stakeholder Survey participants rated housing affordability and availability as “poor.” Approximately 75% of Key Stakeholder Survey participants rated healthcare access and quality, healthy food access and affordability, and public transportation options as “fair” or “poor.”

“Access to healthcare is poor in the state (RI). We need better reimbursement rates to allow the health systems and groups to recruit and retain physicians.”

“The state needs to develop a comprehensive transportation and housing plan.”

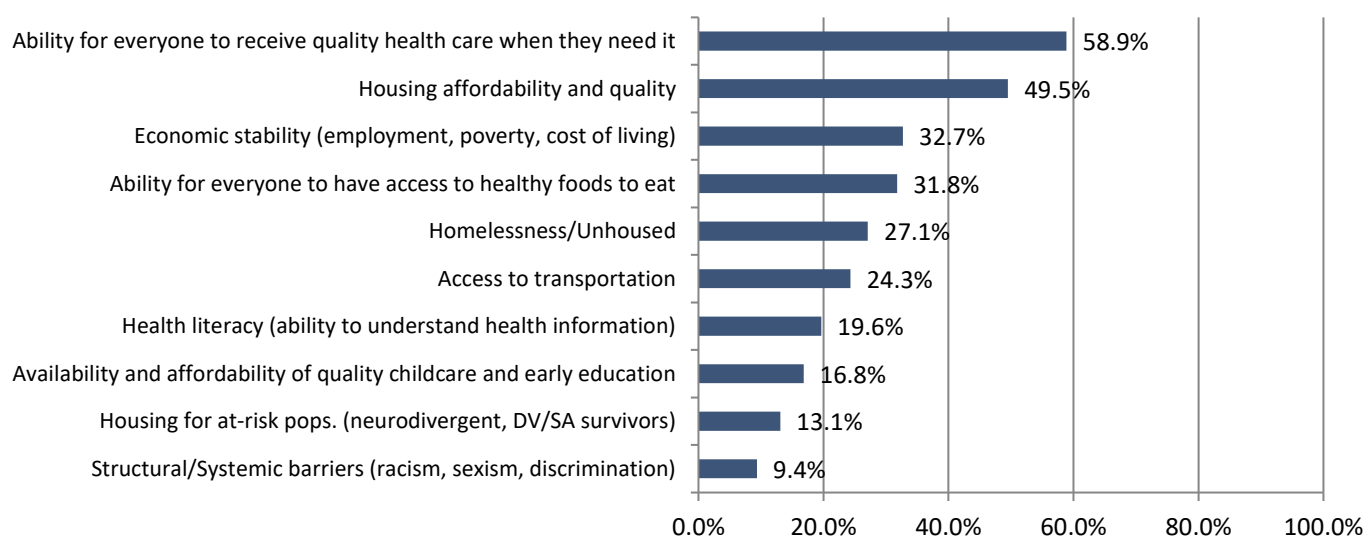
“Make affordable housing a priority instead of a talking point that is never resolved.”

“Housing and food are extremely expensive, and this is creating a negative driver for the community's overall health”

When asked which SDoH to prioritize in order to have the biggest impact on the overall health of the people they serve, nearly 60% of key stakeholders selected the ability for everyone to receive quality healthcare when they need it. Housing affordability and quality and economic stability were the next most selected factors.

Key Stakeholders saw healthcare access—particularly primary care access—as being at a critical point in Rhode Island due to an aging healthcare workforce, low statewide reimbursement for primary care that hinders recruitment and retention of providers, and healthcare environments that have failed to adequately support providers and staff.

Statewide Key Stakeholder Survey: Which of the following issues related to Social Drivers of Health should we prioritize to have the biggest impact on the overall health of the people you serve? Choose up to 3 responses.
Top 10 responses shown.



Community Challenges

- Growing behavioral health concerns for adults and youth
- Rising cost of living and lack of affordable housing, childcare, food, and other basic needs
- Declining primary care access
- Healthcare and social service recruitment and retention
- Aging community with more health and social concerns
- Chronic condition prevention and management
- Economic and health disparities for people of color and income constrained households
- Care and support for growing unhoused population
- Limited public transportation options
- Political engagement and financial investment in systemic issues

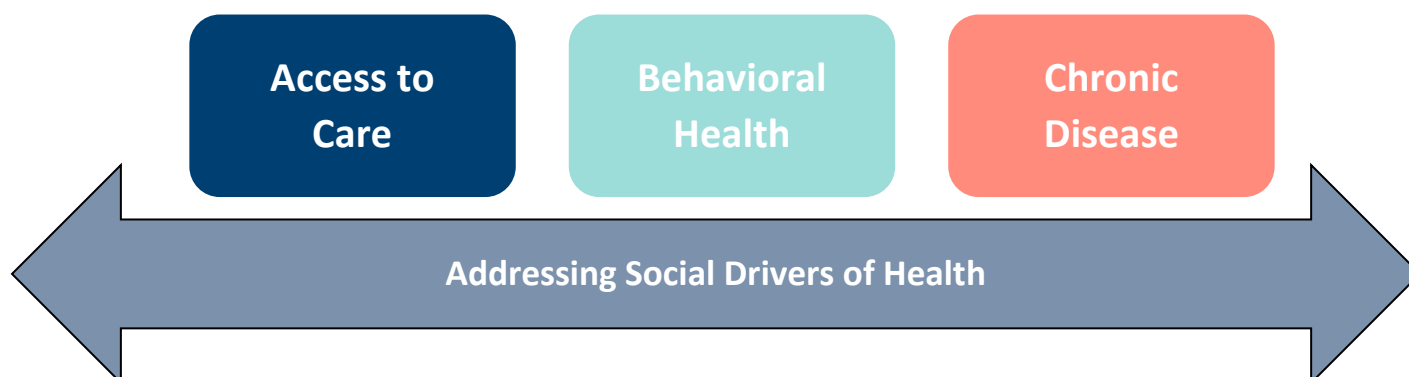
Determining Community Health Priorities

To improve community health, it is imperative to prioritize resources and activities toward the most pressing and cross-cutting health needs. In determining health priorities on which to focus its efforts over the next three-year cycle, South County Health leadership reviewed findings from the CHNA and sought to align with its health improvement programs and population health management strategies.

South County Health applied the following rationale and criteria to define priorities:

- Prevalence of disease and number of community members affected.
- Rate of disease compared to state and national benchmarks
- Health differences between community members.
- Existing programs, resources, and expertise to address the issue.
- Input from community partners and representatives.
- Alignment with concurrent public health and social service organization initiatives.

Based on the CHNA findings, South County Health will focus on the following priority areas, addressing underlying Social Drivers of Health and the needs of distinct population groups as cross-cutting strategies:



Other health issues identified as significant health needs for the state include affordable housing, maternal and child health, and older adult health and wellbeing. While these areas are not named priorities for South County Health due to the need to prioritize resources, the system is committed to collaborating with and supporting other community agencies focused on these needs. South County Health will also consider these areas when developing nuanced and whole-person strategies to improve access to care, behavioral health, and chronic disease.

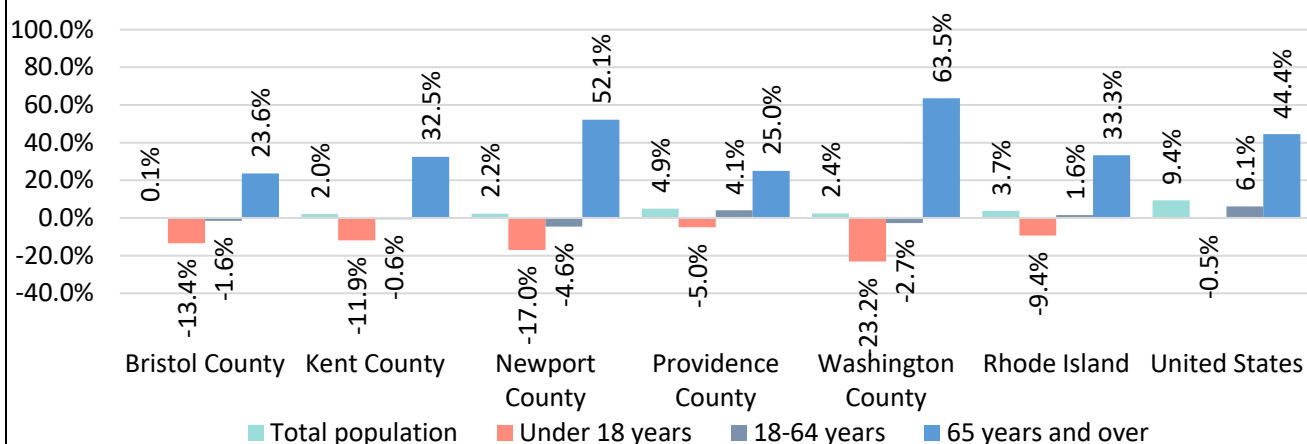
Our Community and Residents

Rhode Island had a total population of 1,095,371 people in 2023 and overall population growth of approximately 3.7% from 2010 to 2023. The total population of Rhode Island and its counties is growing at a slower rate than the nation. However, the state saw a 33.3% increase in older adults aged 65 from 2010 to 2023. Rhode Island is one of the oldest states in the nation with nearly 1 in 5 residents aged 65 or older. Older Rhode Islanders are choosing to stay in their communities, while low birth rates and increased longevity contribute to the overall aging trend.

Total Population by Year

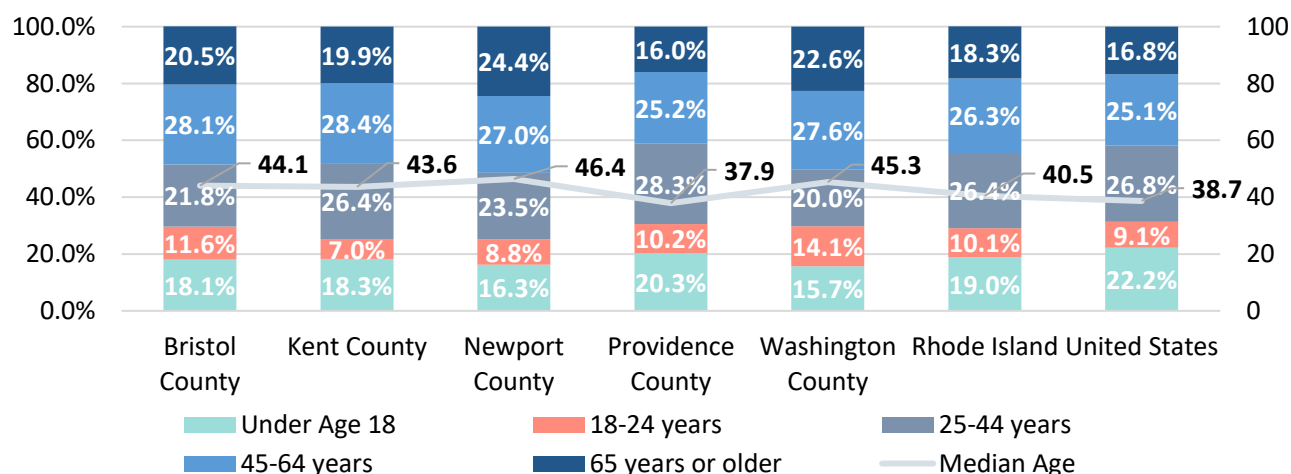
	2010	2023
Bristol County	50,501	50,568
Kent County	167,235	170,658
Newport County	83,253	85,095
Providence County	628,413	658,977
Washington County	126,987	130,073
Rhode Island	1,056,389	1,095,371
United States	303,965,272	332,387,540

Percent Population Change 2010 to 2023



Source: US Census Bureau, American Community Survey

2019-2023 Population Age Distribution



Source: US Census Bureau, American Community Survey

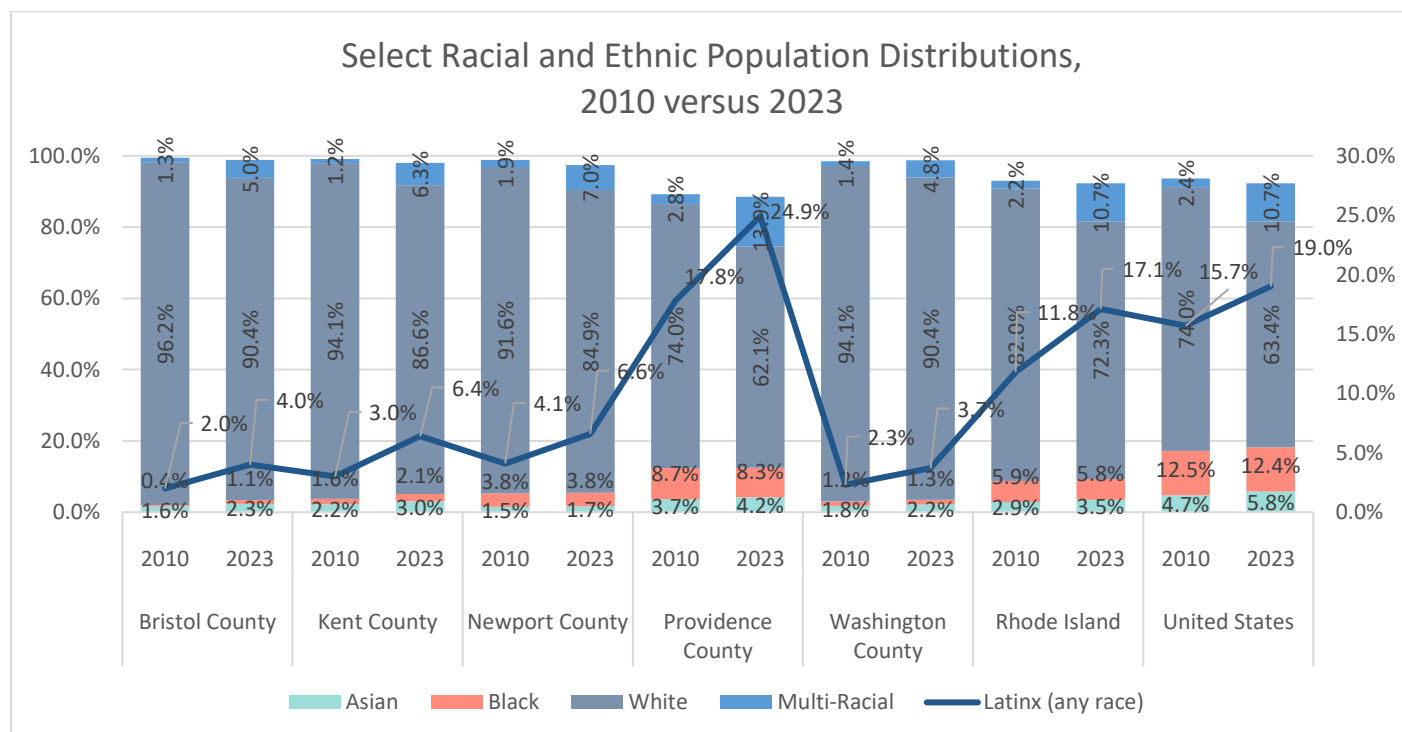
Disability is a physical or mental condition that limits a person's movements, senses, or activities. Across the US, 13% of the population and about 33% of older adults live with a disability. Rhode Island state averages are in line with the nation. Experiences of disability, particularly among older adults, varies by county with higher prevalence in Kent and Providence counties.

2019-2023 Population with a Disability

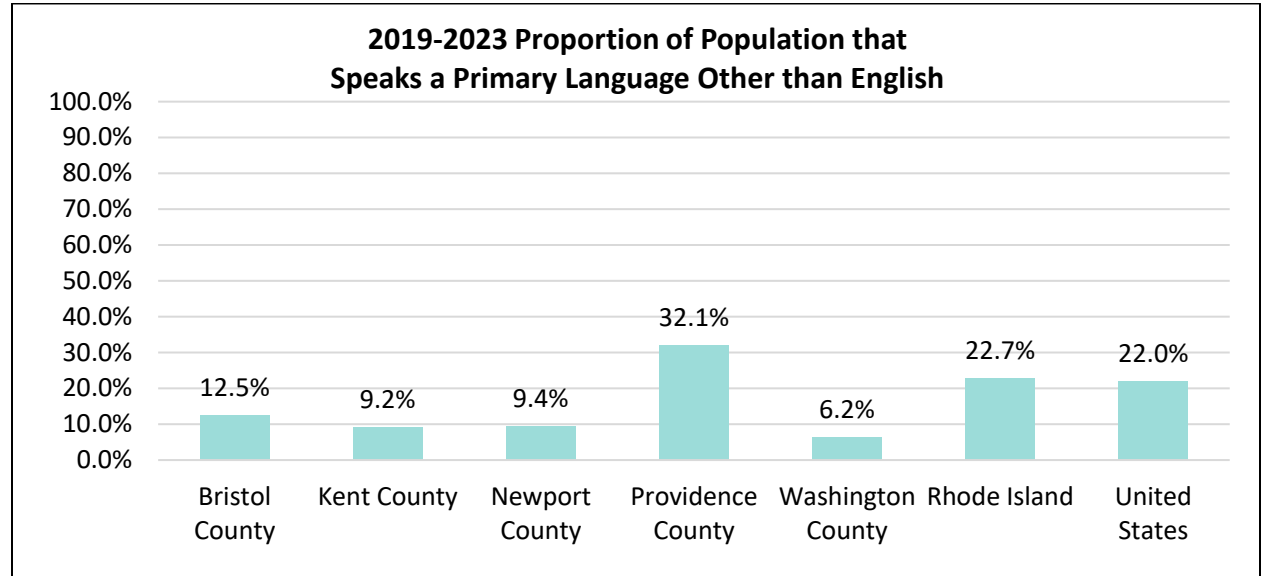
	Bristol County	Kent County	Newport County	Providence County	Washington County	Rhode Island	United States
Total population	11.6%	15.1%	11.7%	14.2%	10.7%	13.6%	13.0%
Youth under 18 years	4.0%	6.3%	5.6%	5.9%	3.6%	5.6%	4.7%
Older adults 65+ years	29.4%	32.3%	24.6%	33.6%	24.7%	30.9%	32.9%

Source: US Census Bureau, American Community Survey

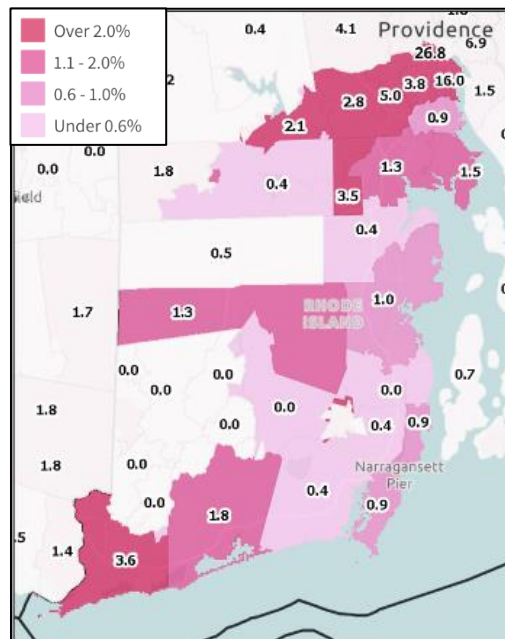
Consistent with national trends, population diversity is increasing across Rhode Island. People of color, particularly those that identify as Latinx and/or multiracial, make up a larger portion of the population than in prior years. Providence County has the most diverse population in Rhode Island; more than 1 in 3 residents identify as a person of color and 1 in 4 residents identify as Latinx (of any race). Across all other Rhode Island counties, approximately 9 in 10 residents identify as white.



Source: US Census Bureau, American Community Survey



2019-2023 Linguistically Isolated Households by Zip Code^



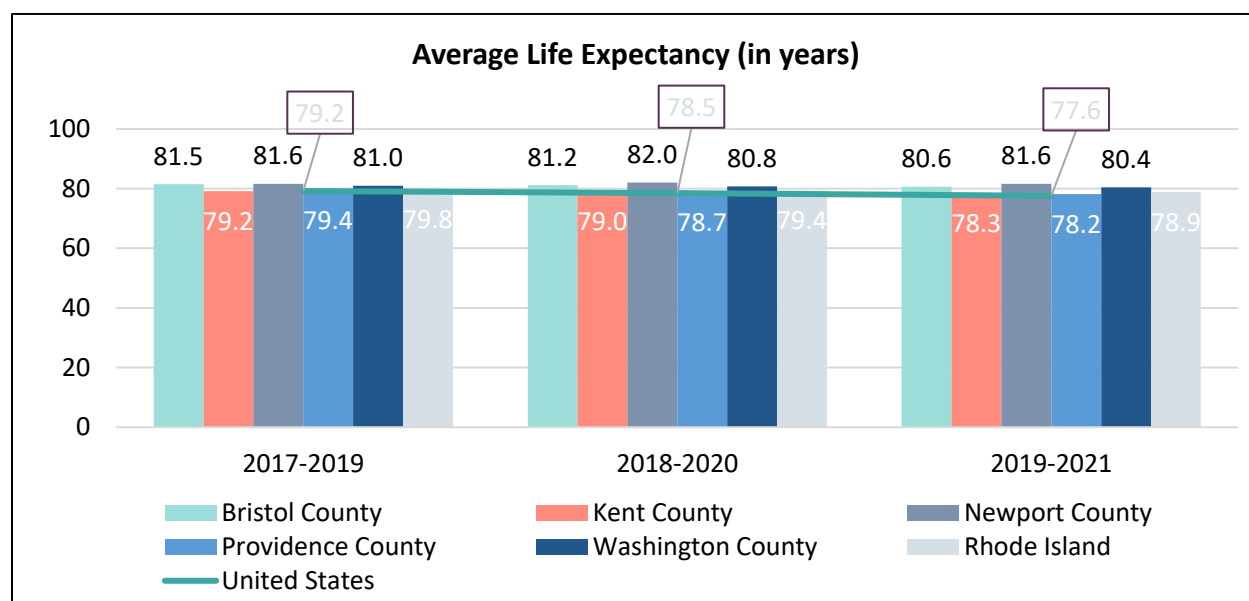
Source: US Census Bureau, American Community Survey

^aDefined as households with no one aged 14 or older who speaks English "very well."

Measuring Health in Our Community

Rhode Island is one of the healthiest states in the nation, and all Rhode Island counties report overall better health outcomes and higher average life expectancy than the national average. Life expectancy is a key measure of health and wellbeing within a community, often reflecting the underlying socioeconomic and environmental factors.

Life expectancy measures how long people generally live within the defined geography and is the culmination of living conditions, health status, economic security, and the overall experience of residents within a community.



Source: Centers for Disease Control and Prevention

The Social Drivers of Health framework shows that at least 50% of a person's health profile is influenced by the socioeconomic and environmental factors that they experience. Understanding the impacts and addressing the conditions in the places where people live is essential to improving health outcomes and advancing health equity. Rhode Island's overall higher life expectancy reflects strong SDoH factors, including a diverse economy, highly educated workforce, rich health and social services, civic engagement, and robust recreational and green spaces.

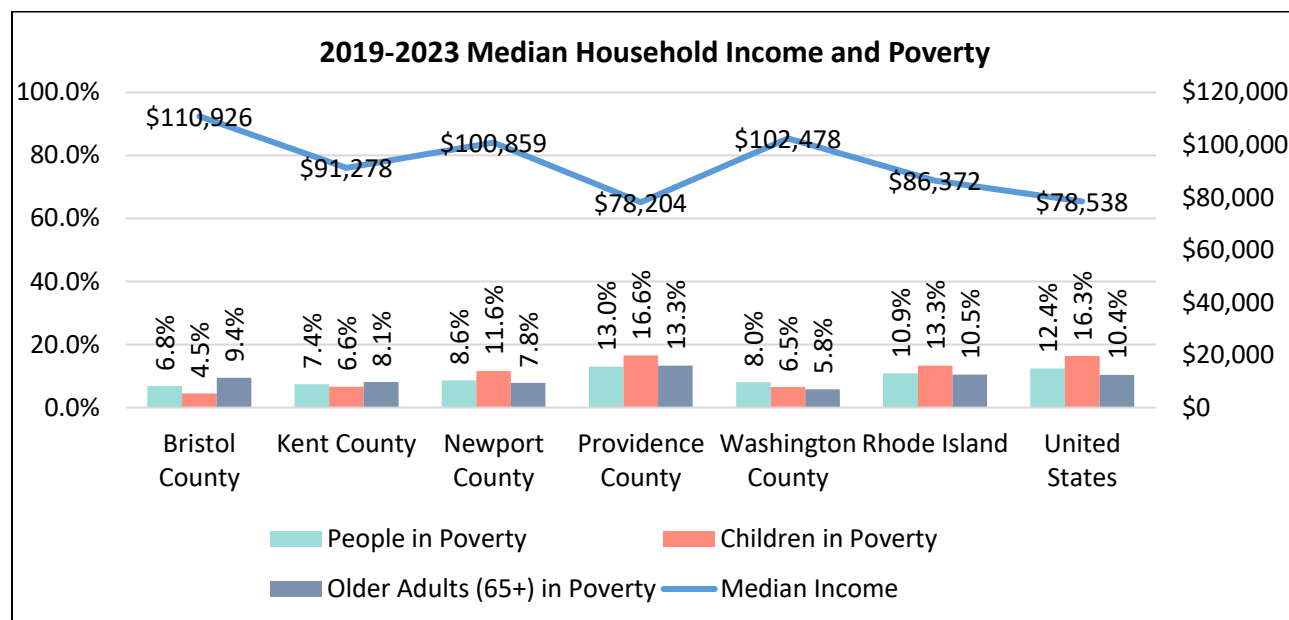
Resident Insights:

"[There are] grassroots efforts to ensure community members have the opportunity to participate in voting and have access to education. [There are] people wanting to make sure their communities are empowered."

"In general, Rhode Island is a civic-minded state and promotes diverse thinking."

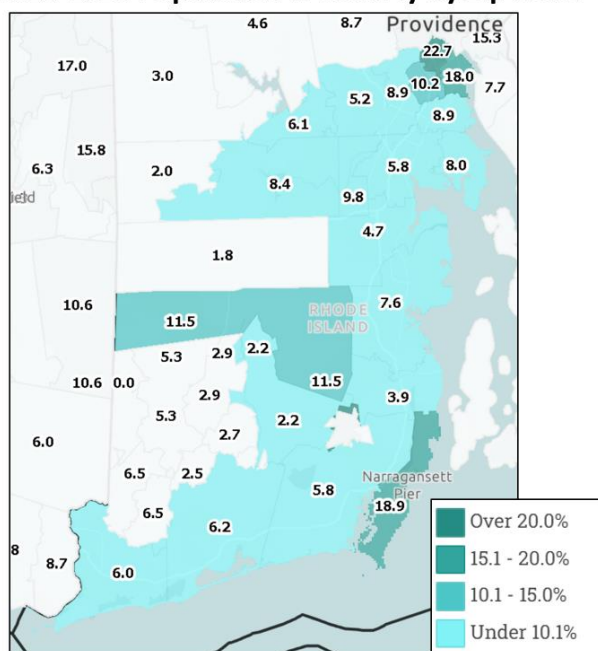
"[We have] strong community values and leadership in protecting the special places and scenic areas of our state, including beaches, forests, ponds, parks, etc."

However, not all people across Rhode Island share these positive outcomes. Within Rhode Island, there is a more than 3-year difference in life expectancy between counties with the highest and lowest averages, reflecting the impact of SDoH and historical disparities. As a whole, Rhode Island residents have higher median incomes and fewer experiences of poverty than their peers nationwide. But, looking more closely at neighborhoods and populations, clear disparities are present.



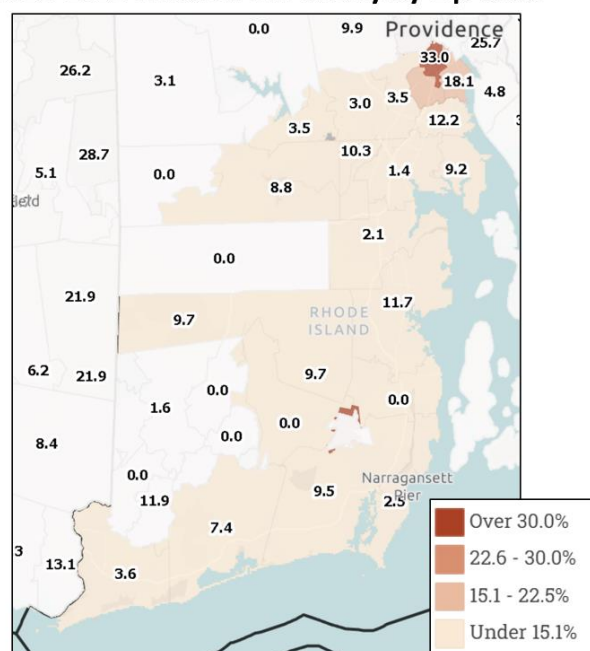
Source: US Census Bureau, American Community Survey

2019-2023 Population in Poverty by Zip Code



Source: US Census Bureau, American Community Survey

2019-2023 Children in Poverty by Zip Code



The Health Resources and Services Administration Unmet Need Score (UNS) helps in allocation of resources—including primary and preventive healthcare services—across communities with higher unmet need based on social, economic, and health status. The UNS evaluates zip codes using a weighted sum of 28 health and social measures with values ranging from 0 (least need) to 100 (greatest need).

South County Hospital's service area has overall low unmet need outside of Kent and Providence County communities. Among the 22 zip codes comprising the service area, nine have an UNS value exceeding 20 (out of a maximum score of 100). South County Hospital service area zip codes with a UNS value exceeding 20 are depicted below, along with select SDoH indicators.

South County Hospital Service Area Zip Codes with an Unmet Need Score Exceeding 20

(Out of Maximum of 100) and Select Social Drivers of Health Indicators (Years 2019-2023) ^

Zip Code	Total Population in Poverty	Children in Poverty	Families with Low Income*	No High School Diploma	No Health Insurance	Unmet Need Score
02907, Providence	22.7%	33.0%	43.1%	26.5%	9.6%	72.57
02905, Providence	17.9%	18.1%	24.3%	23.5%	4.7%	59.00
02920, Cranston	8.9%	3.5%	15.2%	11.5%	6.6%	35.72
02910, Cranston	10.2%	17.7%	17.9%	9.6%	4.7%	32.62
02893, West Warwick	9.8%	10.3%	18.6%	9.9%	4.3%	31.67
02886, Warwick	5.8%	1.4%	10.2%	6.7%	2.2%	24.13
02882, Narragansett	18.9%	2.5%	6.1%	2.5%	2.6%	23.92
02888, Warwick	8.9%	12.2%	10.9%	4.4%	6.1%	23.09
02889, Warwick	8.0%	9.2%	13.5%	9.0%	3.3%	22.96
Rhode Island	10.9%	13.3%	15.9%	10.5%	4.3%	NA

Source: Health Resources & Services Administration (HRSA) & US Census Bureau, American Community Survey

^Select SDoH indicators are presented to illustrate measures that influence the calculation of the Unmet Need Score.

*Families with incomes at or below 185% of the Federal Poverty Level (FPL). In 2024, a family of four people at 185% of the FPL had an income of \$57,720.

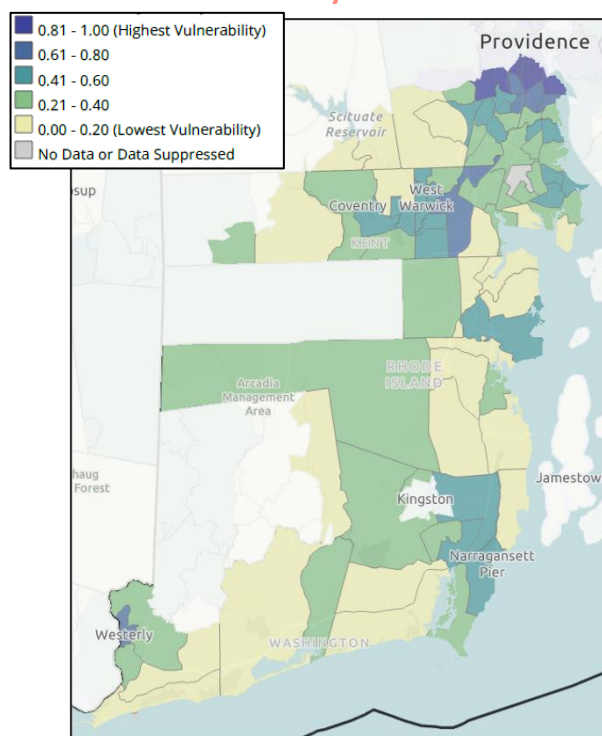
The Social Vulnerability Index (SVI) goes a level deeper than the UNS to demonstrate vulnerability to health disparities at a census tract-level.

Census tracts are small geographic regions defined for the purpose of taking a census, designed to be relatively homogeneous in terms of population characteristics, economic status, and living conditions. Census tracts cover the entire United States and typically contain between 1,500 and 8,000 people.

The SVI scores census tracts on a scale from 0.0 (lowest) to 1.0 (highest) vulnerability based on factors like poverty, lack of transportation, and overcrowded housing.

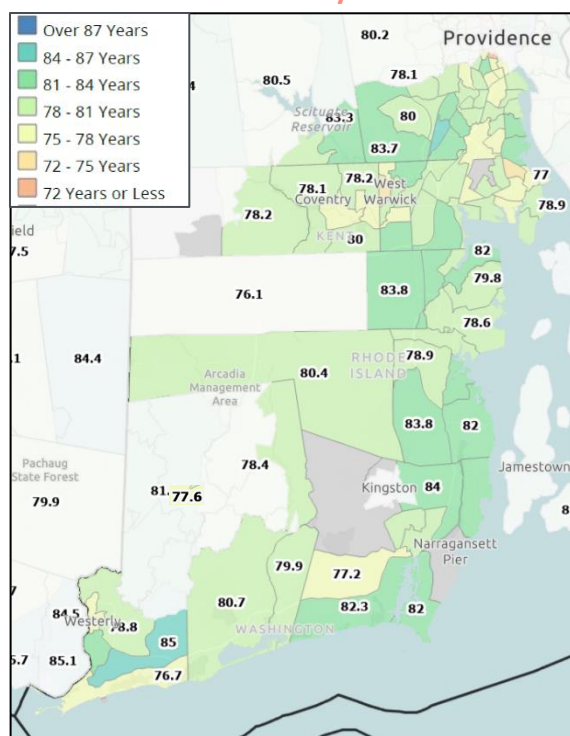
Examining the SVI in conjunction with average life expectancy demonstrates how SDoH impact health outcomes. Within the South County Hospital service area, historical data indicates potential for a more than 10-year difference in average life expectancy between communities with the lowest and highest averages. Affected areas, including Providence, West Warwick, and Westerly, also have SVI values of 0.61 or higher out of a maximum score of 1.0, reported as recently as 2022.

**2022 Social Vulnerability Index
by Census Tract**

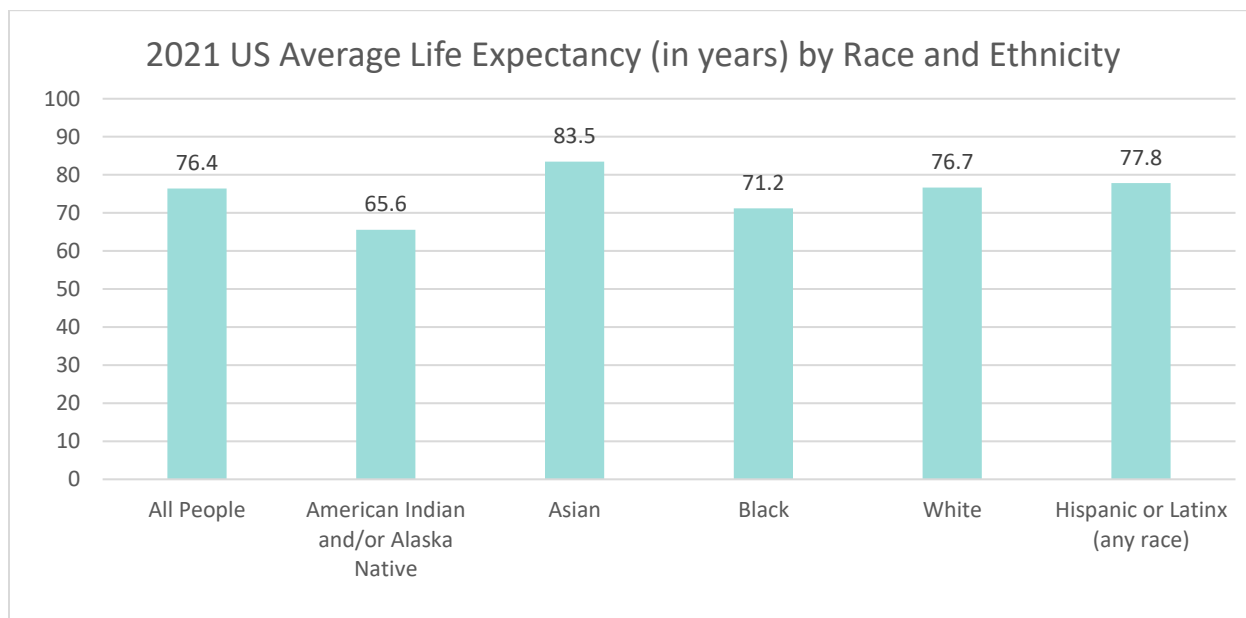


Source: Centers for Disease Control and Prevention

**2010-2015 Life Expectancy
by Census Tract**



Average life expectancy also varies by population group, reflecting underlying health and social disparities. National data for 2021 show a more than 10-year difference in life expectancy between racial and ethnic groups with the highest and lowest reported averages, a disparity that starkly aligns with unequal experiences of poverty and other social barriers.



Source: Centers for Disease Control and Prevention

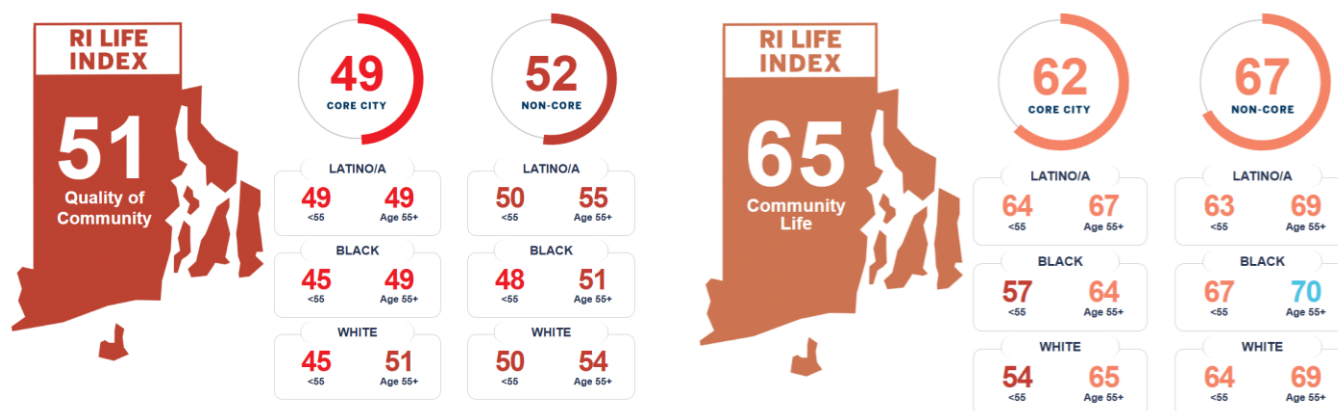
Blue Cross & Blue Shield of Rhode Island (BCBSRI) and the Brown University School of Public Health have produced the RI Life Index each year since 2019 to capture Rhode Islanders' perceptions of SDoH and wellbeing, including quality of community and quality of life. Scores are presented in aggregate (max score of 100) and broken down by respondent's residence (core city vs. non-core areas), race, ethnicity, and age. The Rhode Island core cities are Central Falls, Pawtucket, Providence, and Woonsocket.

Quality of Community scoring represents a summary of how residents rate social and economic aspects of their community, including the following topics:

- Access to childcare
- Activities for youth
- Employment
- Access to affordable food
- Cost of living
- Availability and quality of services and programs for seniors

Community Life scoring represents a summary of how residents perceive the lived experiences of typical individuals in their community, in the following areas:

- Employment
- Education
- Convenient locations for nutritious food
- Access to affordable housing
- Access to healthcare
- Feeling safe at home



The RI Life Index saw improved scores in 2024 in the core cities related to perceptions about community life, programs and services for children, and healthcare access, with particular improvement in perceptions about healthcare access among Black and Latino/a residents.

Overall perceptions of quality of community and community life for the state continued to decline from prior surveys, including declines in perceptions of affordable housing, cost of living, job opportunities, access to nutritious food, and experiences with food security. CHNA secondary data findings and resident feedback reinforced these key areas of need.

Community Health Needs

The CHNA was a comprehensive study of health and socioeconomic indicators for Rhode Island residents. The following section highlights key health and wellbeing needs as determined by secondary data statistics and community stakeholder feedback.

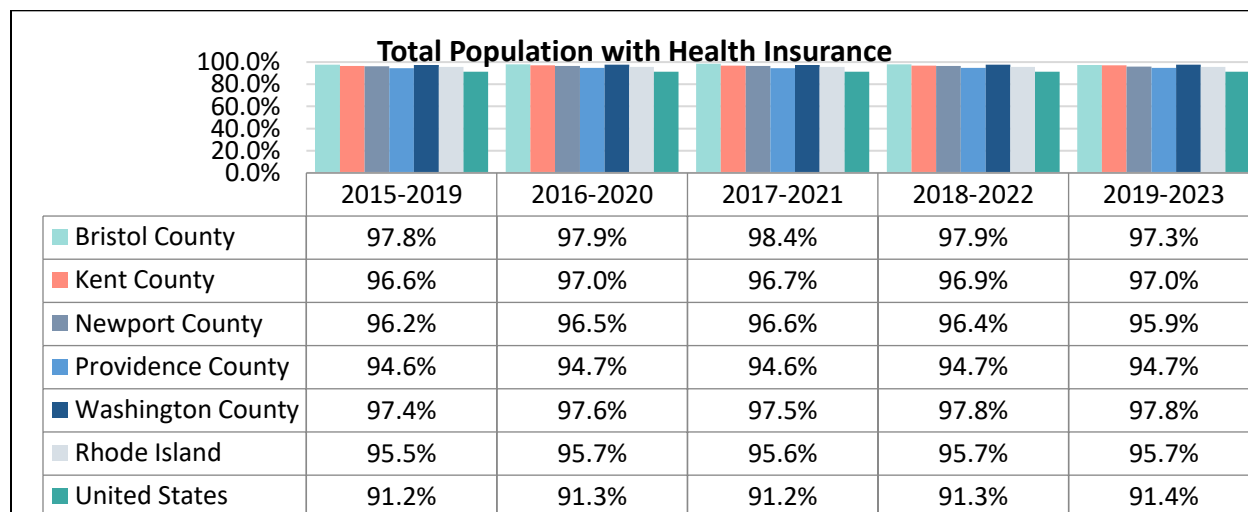
A full summary of secondary data findings is also provided on South County Health's [website](#) and available to our community partners as a resource to support their many programs and services.

Access to Care and Services

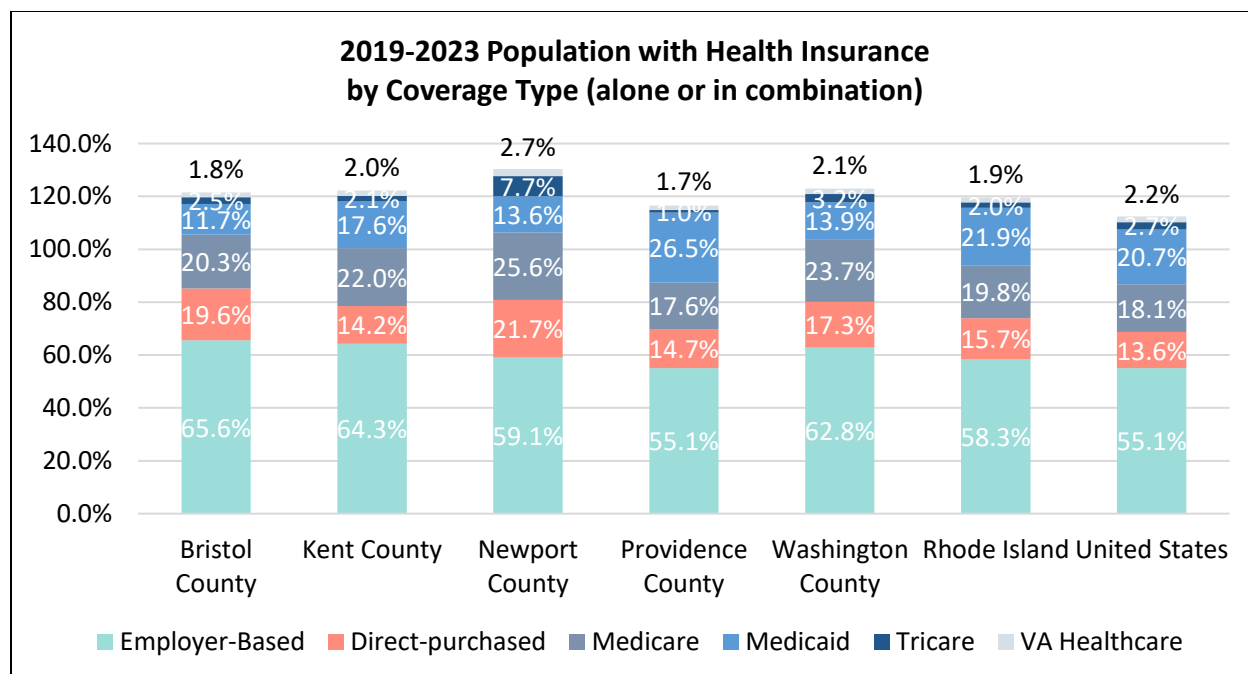
Rhode Island is home to high quality and comprehensive healthcare and social services. Residents benefit from programs that provide free and reduced cost healthcare for uninsured and underinsured people, and a wide array of human service agencies committed to helping residents. Agencies, providers, and advocates are active partners in community planning and coordinated service delivery.

Health insurance coverage among Rhode Island residents has been consistently high with 95.7% of residents covered in 2023 compared to 91.4% of residents nationally. Statewide, a high proportion of insured residents obtain their insurance through an employer (58.3%), providing cost-sharing benefits and typically more comprehensive coverage. Across Rhode Island counties, 81%-83% of adults received a routine primary care visit or checkup in 2022 compared to 74.2% of adults nationally.

Differences in healthcare access exist between Rhode Island counties and the healthcare environment has changed since the 2022 CHNA. The proportion of residents with Medicare coverage increased for every county, a finding that is consistent with the state's aging demographic. Medicaid coverage, providing coverage for people with low income, also increased in Newport and Washington counties. More than 1 in 4 Providence County residents are Medicaid-insured, with higher coverage among core city residents. The core cities are primary care Health Professional Shortage Areas (HPSAs) for people with low income, indicating a shortage of healthcare providers for vulnerable residents.



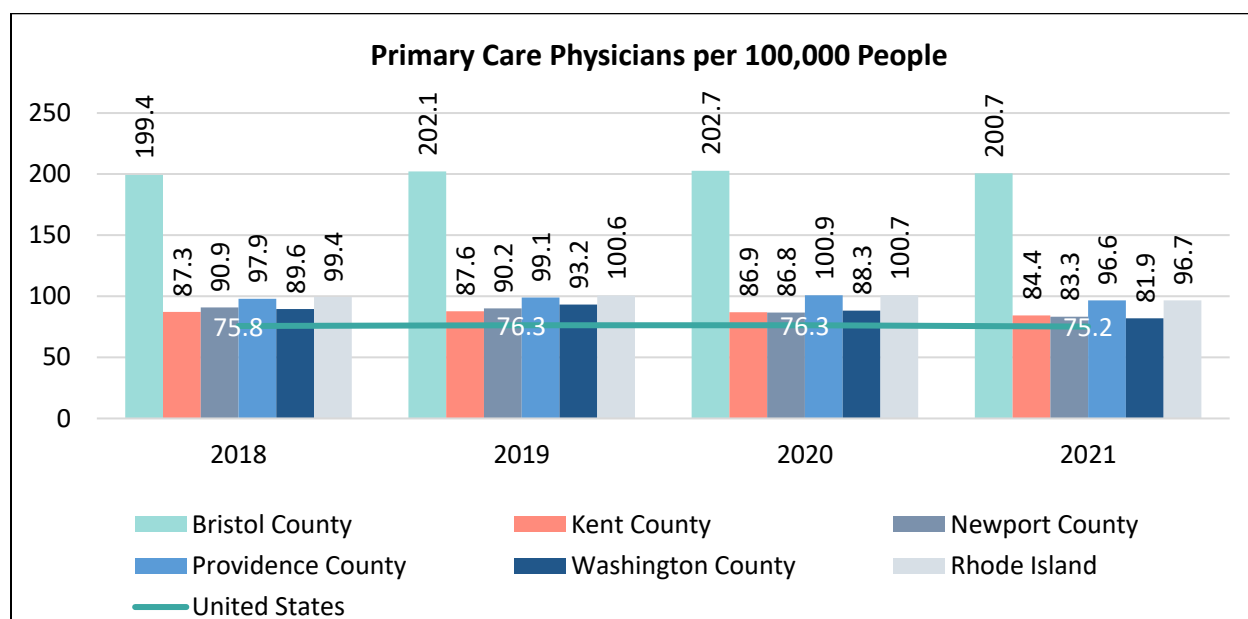
Source: US Census Bureau, American Community Survey



Source: US Census Bureau, American Community Survey

Availability of primary care physicians in Rhode Island remains above national levels but declined in 2021. Feedback from healthcare leaders and recent reports from the Rhode Island Office of the Health Insurance Commissioner (OHIC) indicate that provider availability is a growing challenge with reported months long waits for primary care appointments and more limited access to preventive screenings.

“A renewed focus on attracting and retaining medical professionals (doctors, PAs, NPs) for primary care is at a crisis point. Finding ways to increase payments to providers without undue impact on the consumer would be a high priority.”



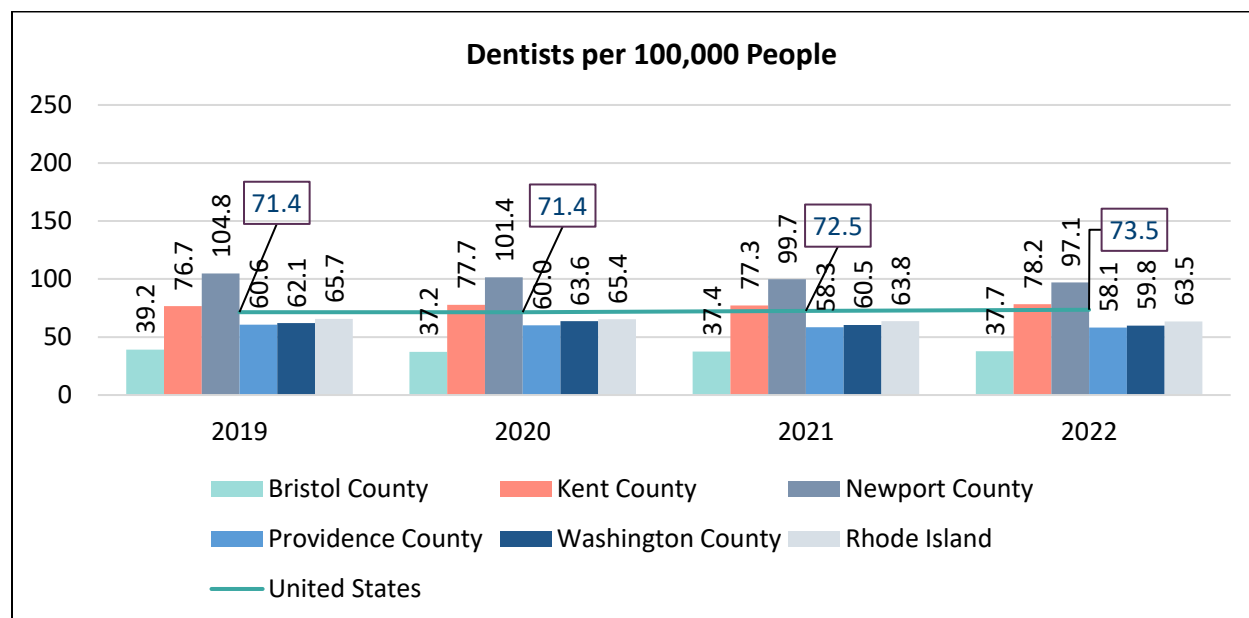
Source: Health Resources & Services Administration & Centers for Medicare and Medicaid Services

The Rhode Island OHIC published a report in December 2023, “Primary Care in Rhode Island Current Status and Policy Recommendations,” to evaluate primary care services in Rhode Island and inform future policy and regulation. Key findings from the report are highlighted below and continue to be primary focus areas for HARI member hospitals and others.

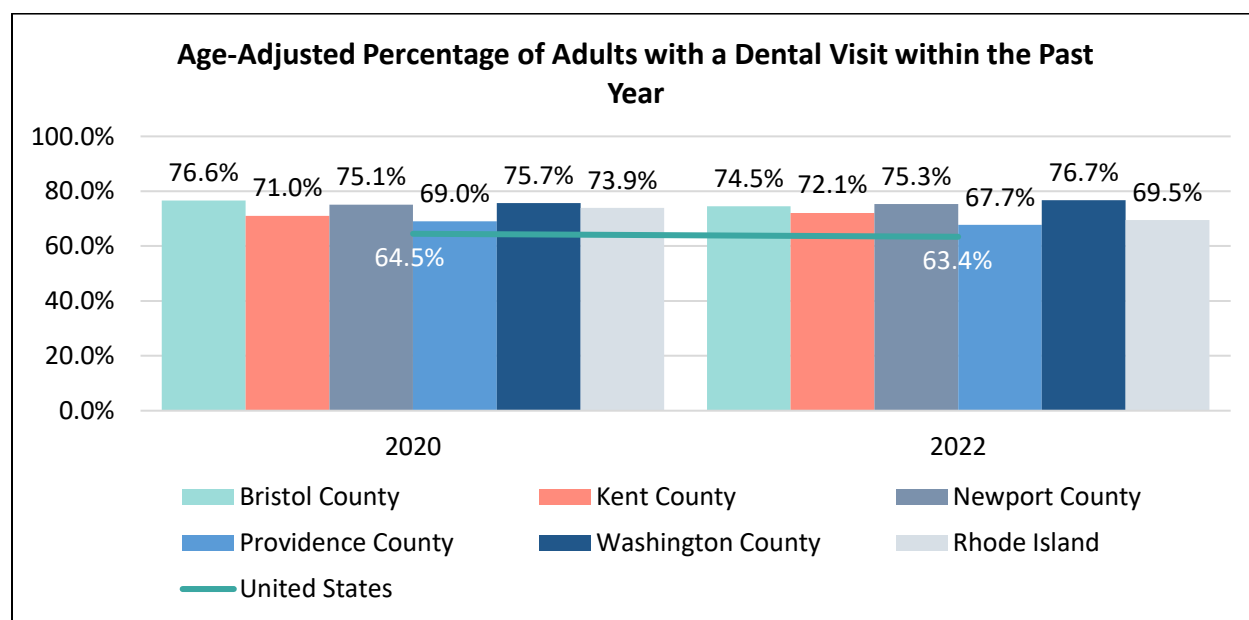
Primary Care Strengths and Challenges in Rhode Island (as reported by OHIC)

Primary Care Strengths	Primary Care Challenges
• Rhode Island has a higher number of primary care providers relative to population than most states. • Rhode Island has a higher percentage of residents who report a usual source of care. • Rhode Island’s small size is an advantage because there are fewer barriers to collaboration among decisionmakers and interested parties. • Rhode Island has a track record of policy innovation and multi-payer engagement in activities to improve primary care.	• The primary care workforce is aging, and many providers are contemplating retirement. • Primary care is nationally reimbursed and compensated significantly less than most other medical specialties and there is evidence that primary care reimbursement in Rhode Island is not competitive with neighboring states. • Nationally, fewer medical students are choosing primary care as a career path, in part due to salary differentials. Medical students who do choose primary care and are trained in Rhode Island are not necessarily staying in Rhode Island. • Clinician burnout is a key concern and is driving primary care physicians and advanced practitioners to reduce or leave clinical practice.

Availability of dental care has also declined in Rhode Island and has historically been lower than national averages. Key stakeholders noted that access is especially limited for dental providers that accept Medicaid. Middletown and Newport in Newport County are HPSAs for professionals that serve Medicaid beneficiaries, and the core cities are HPSAs for people with low income. While all counties have a higher proportion of residents receiving annual routine dental care than the nation, there are stark differences between the counties which generally align with socioeconomic barriers.



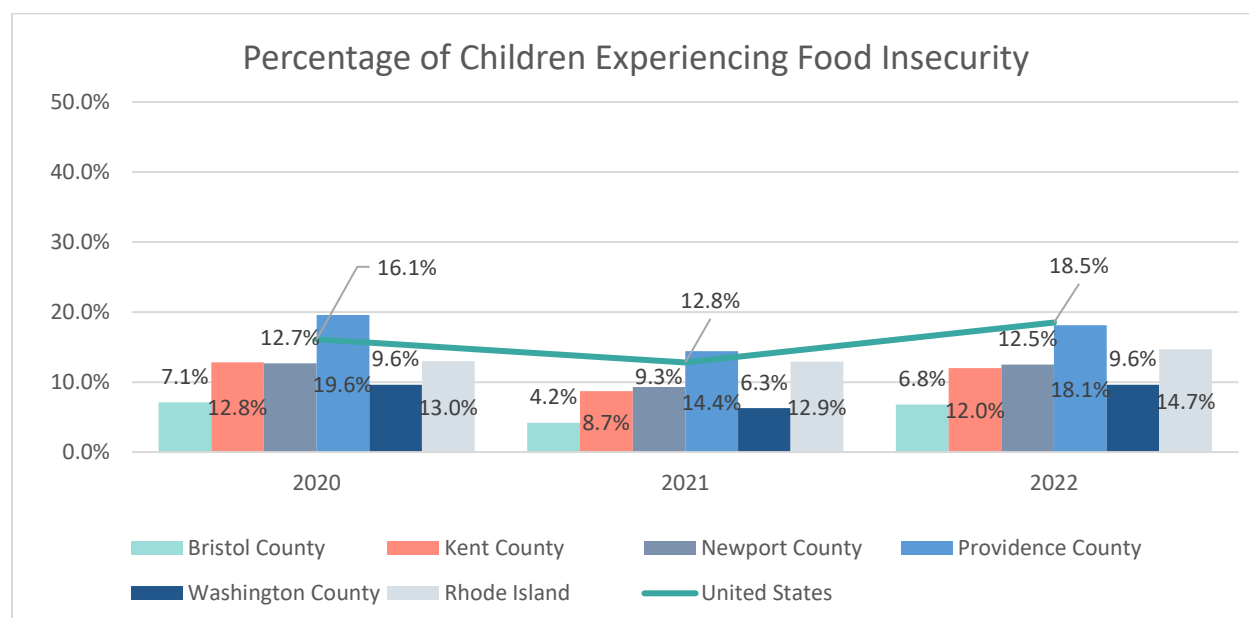
Source: Health Resources & Services Administration & Centers for Medicare and Medicaid Services



Source: Centers for Disease Control and Prevention

The rising cost of living has increased demand for social services and contributed to delays in accessing vital services. Statewide, the proportion of food insecure residents increased from 9.3% in 2021 to 10.9% in 2022, with an outsized impact on children. Statewide median home value rose 41% from 2019 to 2023; median rent rose 27%. The cost of childcare for a household with two children in Rhode Island, measured as a percentage of median household income, increased from 24.1% in 2021/2022 to 33.1% in 2022/2023.

Frontline social service providers described their work effort as being in “crisis mode,” experiencing both organizational and personal stress in trying to meet increased resident needs.



Source: Feeding America

Childcare Availability and Affordability

	Number of childcare centers per 1,000 population under 5 years old	Childcare costs for a household with two children as a percentage of median household income
Bristol County	11.1	30.2%
Kent County	8.6	33.1%
Newport County	11.0	36.7%
Providence County	7.1	34.5%
Washington County	11.1	31.7%
Rhode Island	11.0	33.1%
United States	7.0	27.0%

Source: Homeland Infrastructure Foundation-Level Data, 2010-2022 & The Living Wage Calculator, Small Area Income and Poverty Estimates, 2023 & 2022

Key stakeholders also saw transportation as a key limiting factor for accessing community resources, noting that Rhode Island Public Transit Authority (RIPTA) offers limited services outside of urban areas. MTM Health, the state's non-emergency medical transportation manager, is helpful for people with Medicaid and/or eligible older adults but the service was reported to lack timeliness and coordination, contributing to missed appointments and stranded patients. Survey participants reported that Blue Cross Blue Shield's BlueCHIP Medicare coverage eliminated transportation and meal benefits.

Federal funding cuts planned for healthcare and social services are anticipated to further reduce access to community resources; cuts are expected to impact Medicaid, SNAP benefits, subsidized childcare, and low-income housing benefits. Stakeholders emphasized the need for elected leadership that respects and represents the lived experience of diverse populations in Rhode Island and the nation, and more opportunities for political leaders to intentionally engage with community members.

"Often decision makers are removed from those who are patients or are community-facing, leaving major gaps in how the solutions are implemented. We need those with lived experience at the table to influence and make the decisions, as well."

"Where do we catch our decision-makers to address these issues?"

Key stakeholders recognized that groups who have been historically marginalized were more likely to experience health disparities. These underserved communities—including those that identify as people of color, LGBTQIA+, and/or people with disabilities—are more likely to face economic insecurity, have cultural and language barriers, and have experienced social injustices; all of which reduce their trust in social systems.

Stakeholders acknowledged that the political climate has increased fear and distrust for many, and further restricted access to appropriate care. They underscored the importance for staff and provider training in cultural competency and humility and increased health education materials that reflected language and culture of diverse communities. They also advocated for the inclusion of people with lived experience in developing community solutions.

"[They] keep cancelling appointments due to not enough interpreters available, or the doctor office didn't call until last minute."

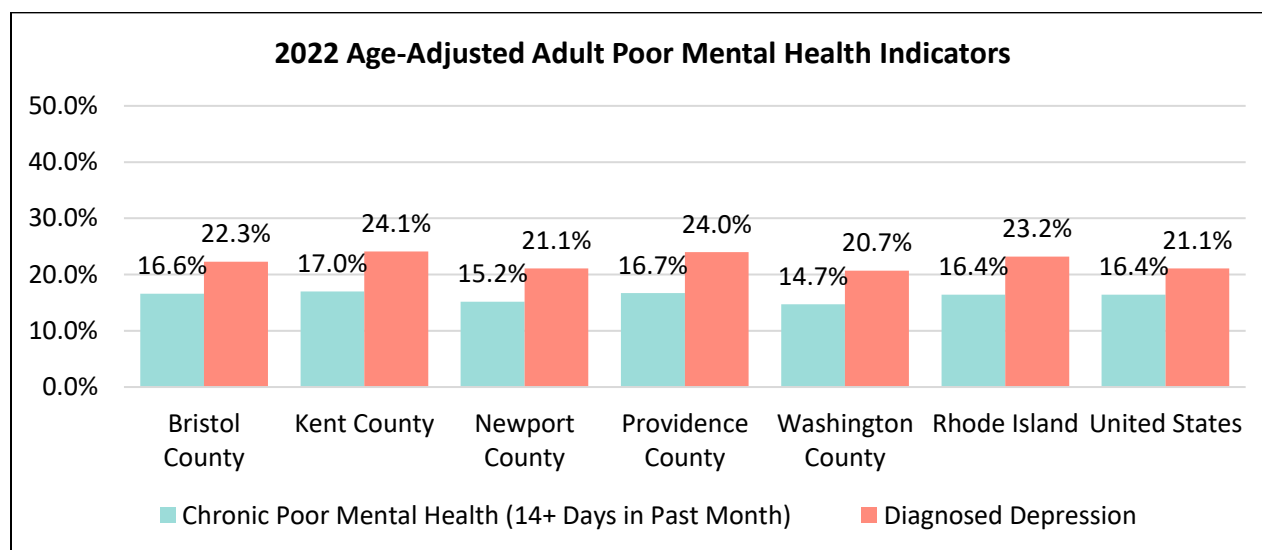
"The top health concerns for the Deaf community include limited access to healthcare services that are linguistically and culturally competent, with providers fluent in ASL or supported by qualified interpreters."

"Queer people face everyday discrimination and that affects all aspects of life, from jobs to housing to making friends. The threats to existing rights are also causing distress, though the situation was never good, despite some affirming laws."

"There are system and structural barriers that prevent certain populations from accessing the care they need and resources to live a comfortable life. We need to work together to identify these barriers and make changes."

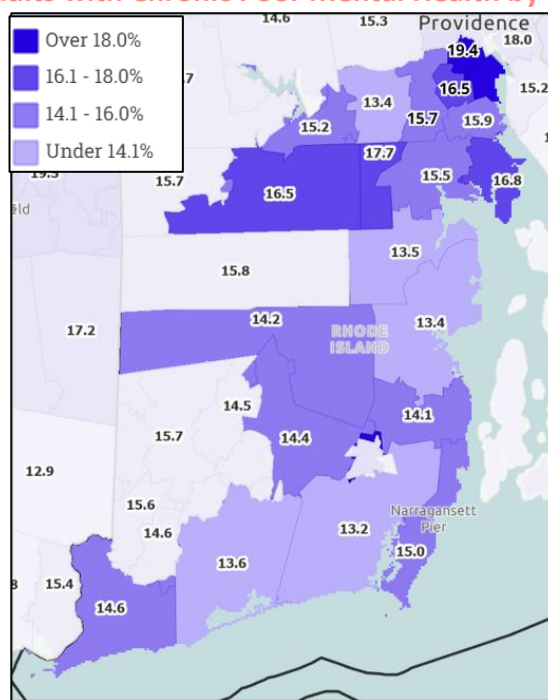
Behavioral Health

Experiences of mental distress have increased statewide and nationally. In 2022, approximately 16% of Rhode Island adults reported having chronic poor mental health (14 or more days in the past month) compared to 14% in 2020. Approximately 23% of adults reported being diagnosed with a depression disorder. Within the South County Hospital service area, experiences of mental distress are prevalent across communities, and more prevalent in communities experiencing socioeconomic barriers.



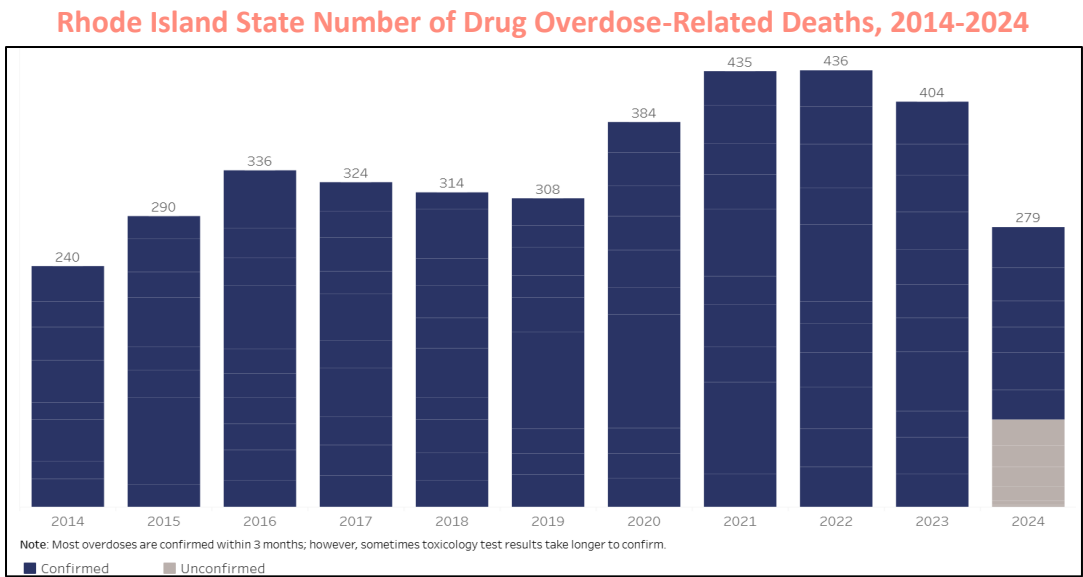
Source: Centers for Disease Control and Prevention

2022 Adults with Chronic Poor Mental Health by Zip Code



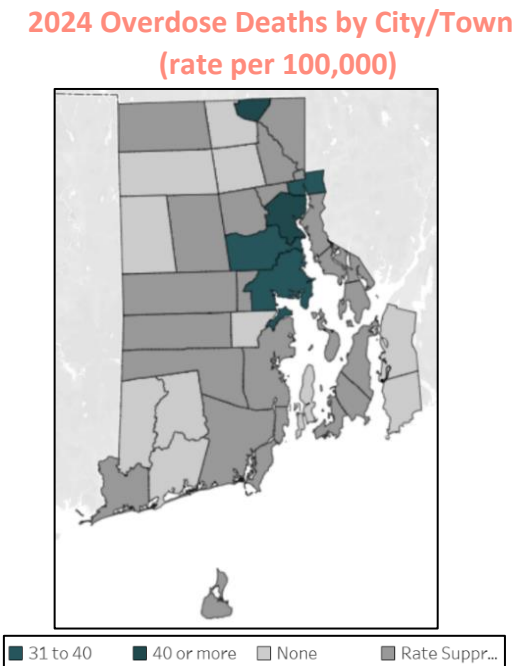
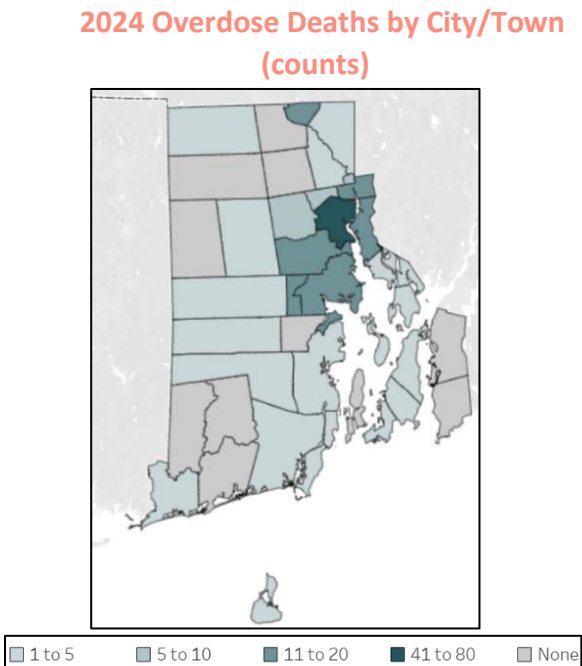
Source: Centers for Disease Control and Prevention

Fatal overdoses in Rhode Island have been on the rise since 2014 and peaked in 2021 and 2022, likely due in part to the COVID-19 pandemic which caused delays in care, social isolation, and unemployment. Data for 2024 suggest that overdose deaths are down, but professionals warn that the rise of new street drugs like medetomidine (a highly fatal additive to fentanyl) may reverse this trend. Ongoing training to prepare first responders is needed.

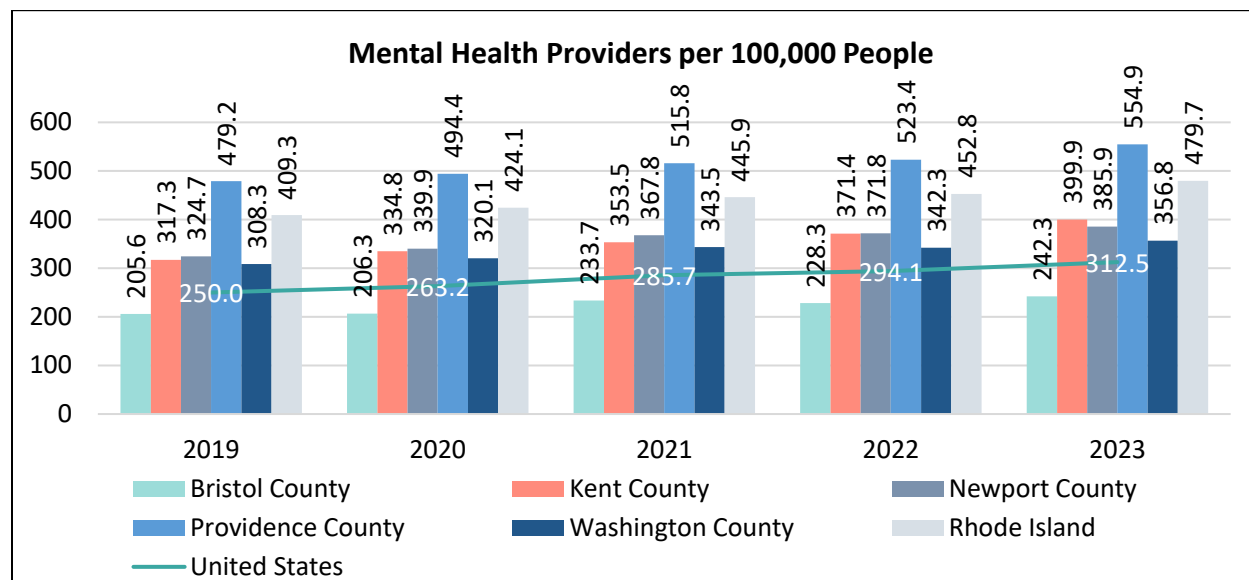


Source: Prevent Overdose RI

There has been an overdose in every Rhode Island town. The following maps use information from the Rhode Island Medical Examiner’s Office to show overdose occurrences in 2024. Fatal overdoses were more prevalent in areas historically placed at risk, including core cities and areas in and around Warwick.



Rhode Island has a consistently higher rate of behavioral health providers compared to the national average, and the rate is increasing. Despite these trends, gaps in access to care and services persist. Newport and Washington counties are HPSAs for all people, and Providence County is a HPSA for people with low income.



Source: Centers for Medicare and Medicaid Services

*Mental health providers include those specializing in psychiatry, psychology, mental health, addiction or substance use disorders, or counselling.

Health and human service professionals reported an increase in patients presenting to acute hospital settings due to lack of outpatient resources (e.g., detox programs, psychiatrists, support groups), as well as lack of placement options post-discharge. Finding appropriate housing for discharge of patients with comorbidities or complex medical needs was especially challenging.

“[There is an] increase in patients seeking emergency room care [and] inadequate residential placement options for patients seeking treatment with skilled health care needs (i.e., with DME [durable medical equipment], IV abx [intravenous antibiotics] needs.”

“Patients with chronic behavioral health issues that cannot be placed at SNFs [skilled nursing] due to said behaviors and sit in acute care beds for weeks/months thus lessening available acute care beds.”

“Those suffering with substance use disorder who end up having complex medical needs for 30-45 days, who then have no housing or shelter - there are limited safe discharge options.”

Despite having an increasing number of behavioral health providers across the state, behavioral health care is not readily available for all that need it. Providers cited low reimbursement rates as one reason for limited providers, particularly those that participate with Medicaid. Low reimbursement rates have prompted some providers to move to private practice, opting to accept only self-pay clients. Stigma also continues to be a barrier to seeking treatment, particularly for people with substance use disorder.

“The community's concern is that they will be stigmatized because of use, they will not be supported in safe use, or that they will not be supported in the 50th attempt to cut down.”

“[There is] stigma surrounding alcoholism and dependence - social expectation in the area is to drink, not abstain.”

Health and human service professionals noted an increase in mental health and substance use concerns among youth, often rooted in adverse childhood experiences (ACEs) like living in poverty and exposure to violence. Isolation and developmental delays from the COVID-19 pandemic also have had lingering impact on youth.

Professionals reported that there has been an increase in EMS calls to schools for mental health crises and suicide attempts, with trends among younger age groups than in past years. Youth professionals also held concerns that the legalization of cannabis (marijuana) and lack of regulation contributed to increased use among students and kids “greening out in school.” Community representatives noted that funding for children’s mobile crisis services is largely limited to children with Medicaid, creating a deficit in resources for other children in need of services. Partners recommended more investment in upstream interventions like engagement and mentorship activities and graduation support for at-risk students.

“The legalization of marijuana [during] COVID caused increases to an already growing problem that lacked resources. Specifically, we have many addicted students that need in-patient or intense treatment.”

“Treatment options for youth (12-18 y.o.) need to be identified and shored up. While the focus of many efforts has been on treatment, prevention is what needs to be differently funded to have a real impact.”

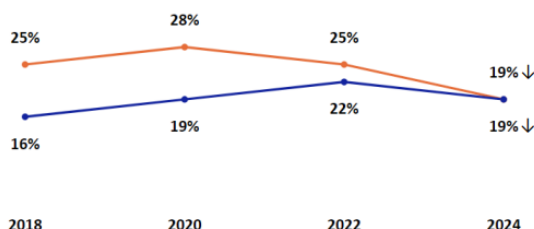
“Access to services is often limited due to long wait lists for therapy and psychiatry services for children and adolescents.”

The Rhode Island Student Survey is a statewide survey administered every other year and examines the risk and prevalence of substance use, bullying, depression, suicide, and violence among Rhode Island youth in middle (MS) and high (HS) schools. The most recent survey administered in 2024 found significant improvement in mental health outcomes, but approximately 1 in 5 students still reported feeling very sad and/or hopeless about their future. Among students who considered attempting suicide, one-third or more attempted it. There were also significant increases in perpetrating bullying and cyberbullying among MS students, and experiences of bullying among both MS and HS students. Substance use declined significantly for students, except for a rise in cannabis use among MS students.

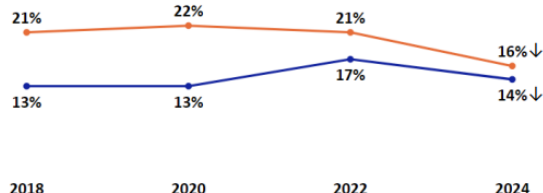
Mental Health

In the last 30 days...

Were you very sad?



Did you feel hopeless about the future?



• Middle School • High School

Compared to 2022, there was a statistically significant decrease in negative feelings surrounding mental health among all students.



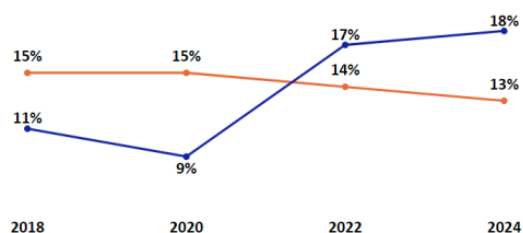
2024 Rhode Island Student Survey | Page 23

↑ Statistically significant increase compared to RISS 2022
↓ Statistically significant decrease compared to RISS 2022

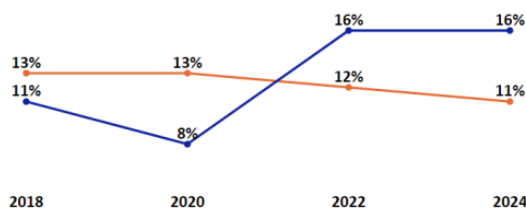
Experience Bullying

In the last 3 months I...

Had pictures/texts that embarrassed or hurt me sent by cell phone.



Had pictures/texts that embarrassed or hurt me posted through the internet.



• Middle School • High School

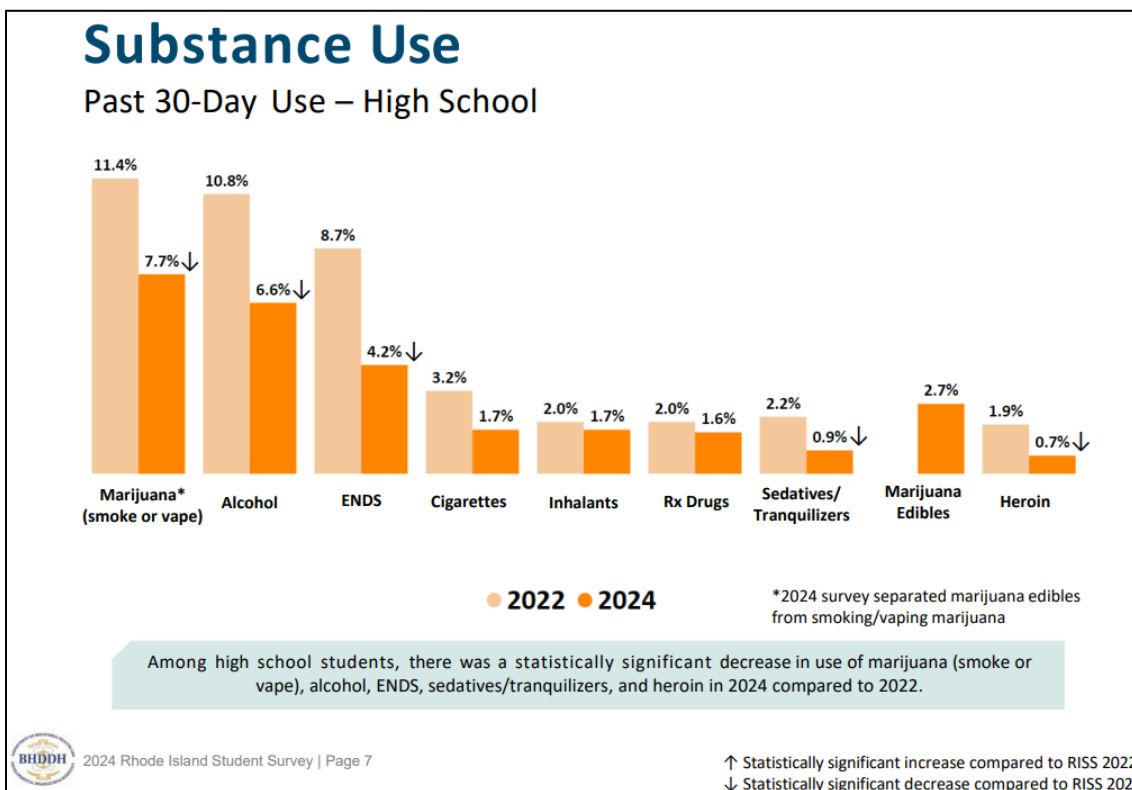
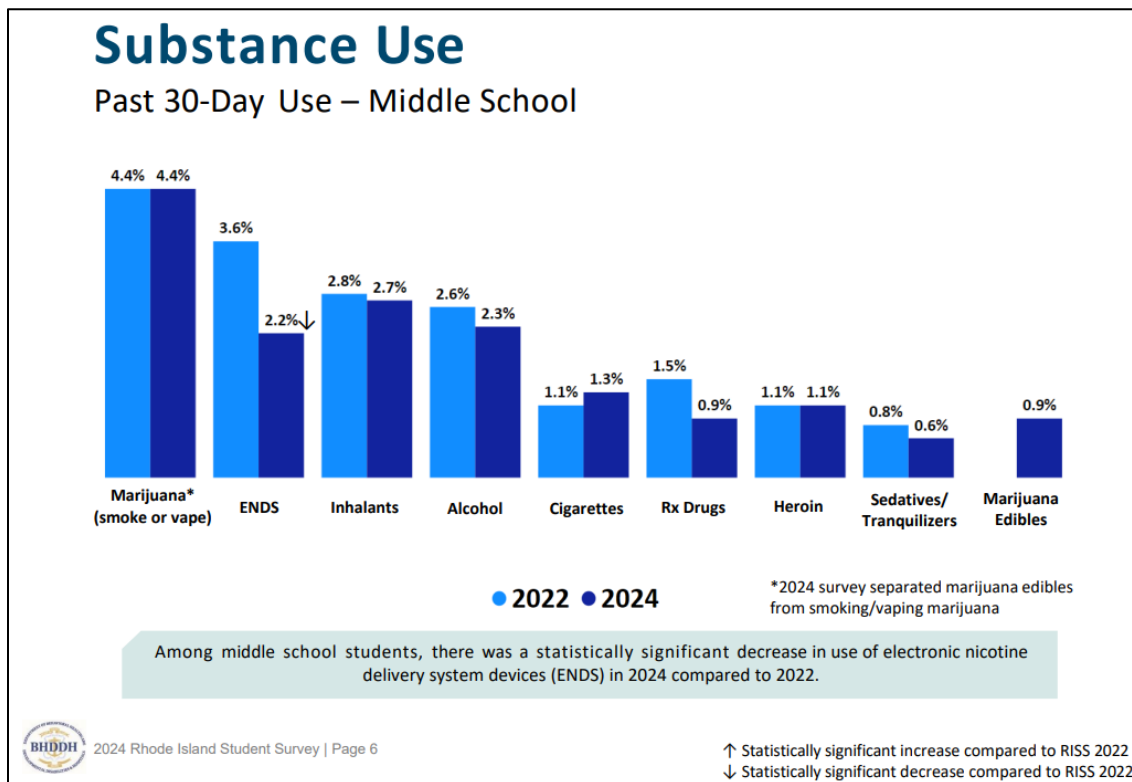
The percentage of students experiencing cyberbullying has remained relatively steady compared to 2022.



2024 Rhode Island Student Survey | Page 21

↑ Statistically significant increase compared to RISS 2022
↓ Statistically significant decrease compared to RISS 2022

Source: Rhode Island Student Survey



Source: Rhode Island Student Survey

Health and human service professionals saw a need to better address behavioral health issues through a holistic care continuum, noting that the current system is “siloed” by individual needs or demographics. A holistic approach would include an open (immediate) access model and patient advocates to help navigate different levels of care and the healthcare system. Wraparound social services like housing were also seen as essential to help people be successful in their treatment.

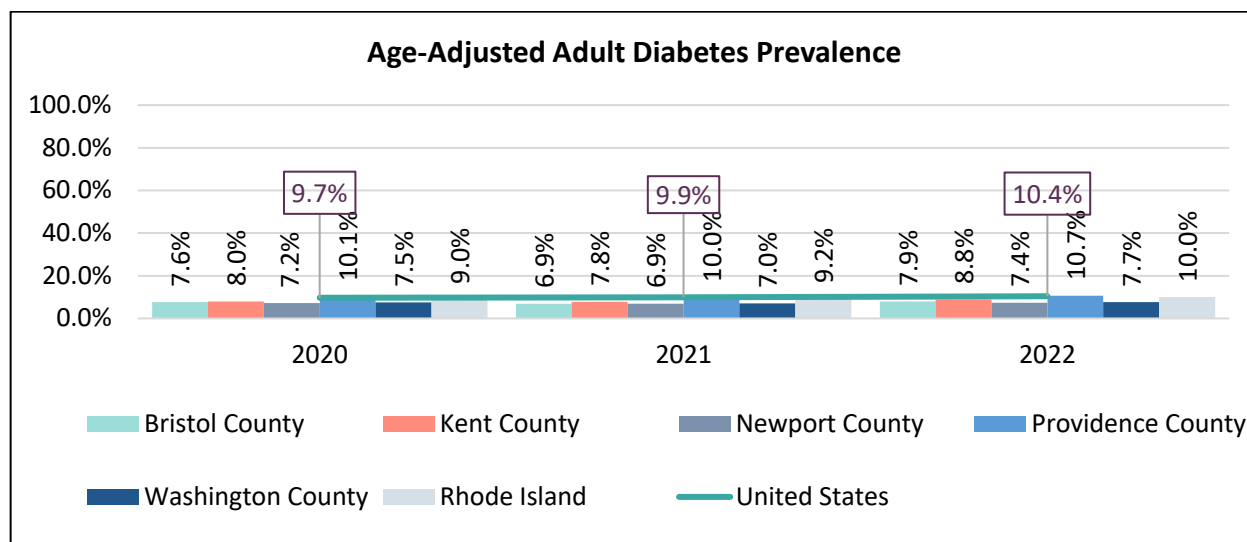
Concerted efforts to address increasing behavioral health needs have led to progress in improving community awareness and access to services. Health and human service professionals named the following successes within Rhode Island:

- Anchor ED and Anchor Peer Recovery Center
- Crisis Intervention Teams of Rhode Island (CIT-RI)
- Gateway Healthcare dedicated behavioral health services
- Hospital-initiated screening for behavioral health and SDoH
- Inclusion of people with lived experience as volunteers, staff, and advocates in developing programs (e.g., CIT-RI)
- Insurance reimbursement for peer recovery coaches
- Increased state and local funding for behavioral health programs and support

Chronic Diseases: Leading Causes of Death and Disease

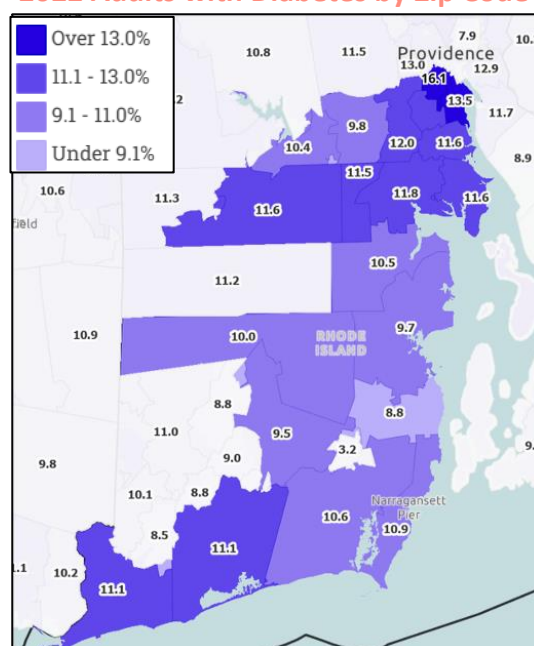
The following section focuses on the leading causes of disease burden and death, and management and prevention efforts.

Diabetes and heart disease are among the top causes of death for residents in Rhode Island. The proportion of adults in Rhode Island that are diagnosed with diabetes has increased since 2020 to approximately 1 in 10 adults. More than one-quarter of adults have high blood pressure and/or high cholesterol. Rates of disease outside of Providence County are historically lower than national averages.

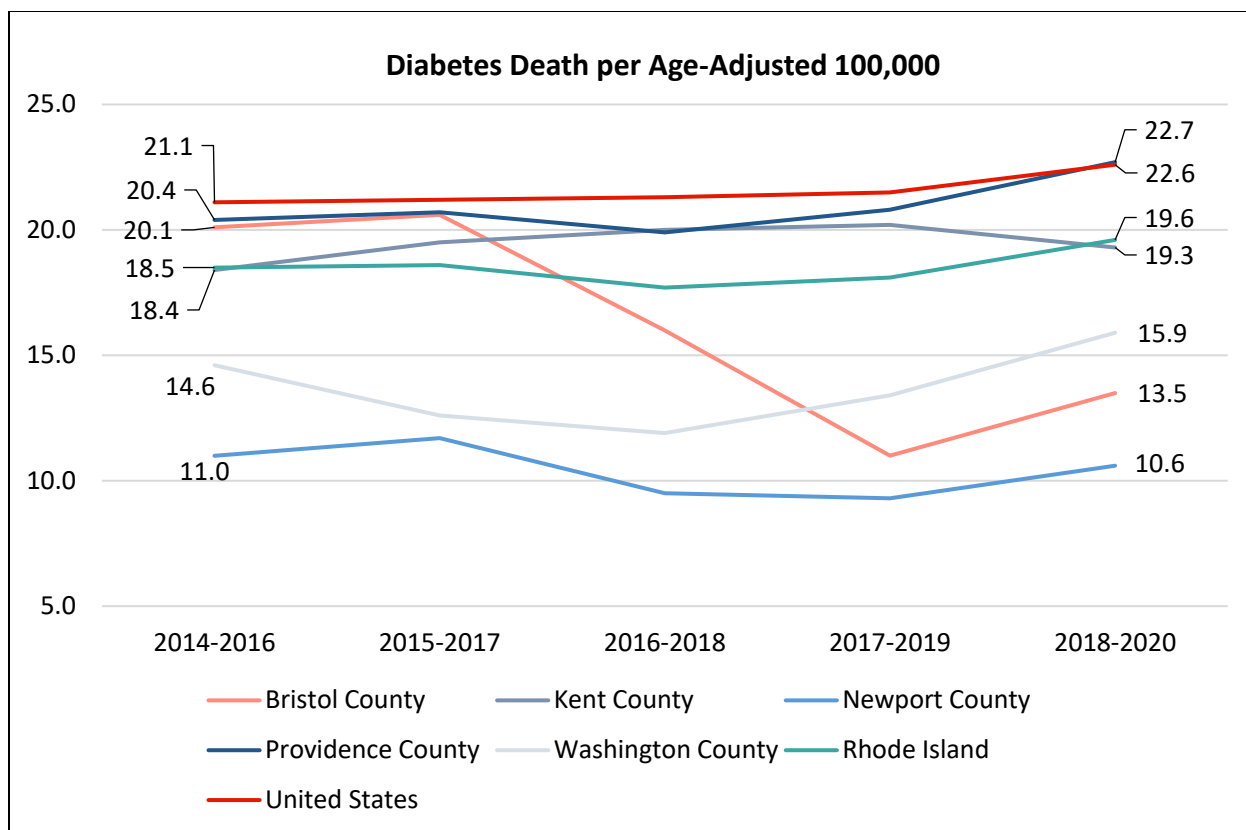


Source: Centers for Disease Control and Prevention

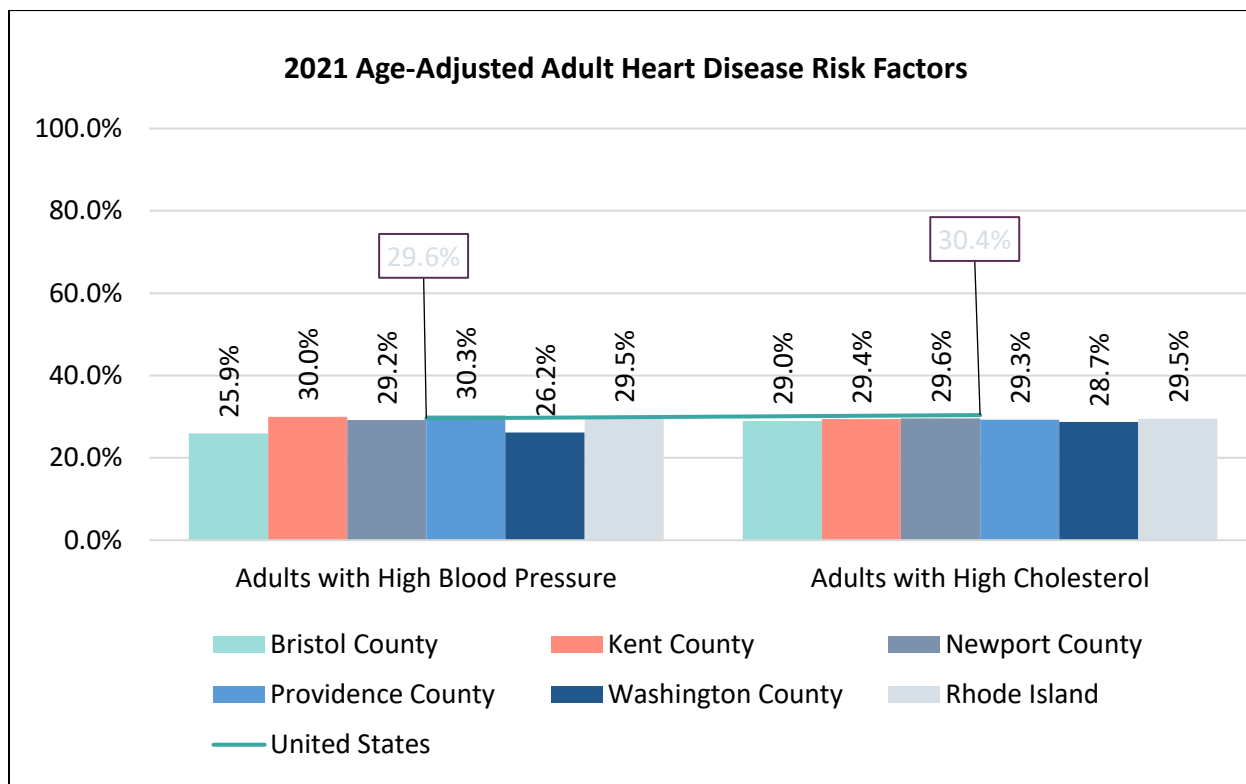
2022 Adults with Diabetes by Zip Code



Source: Centers for Disease Control and Prevention

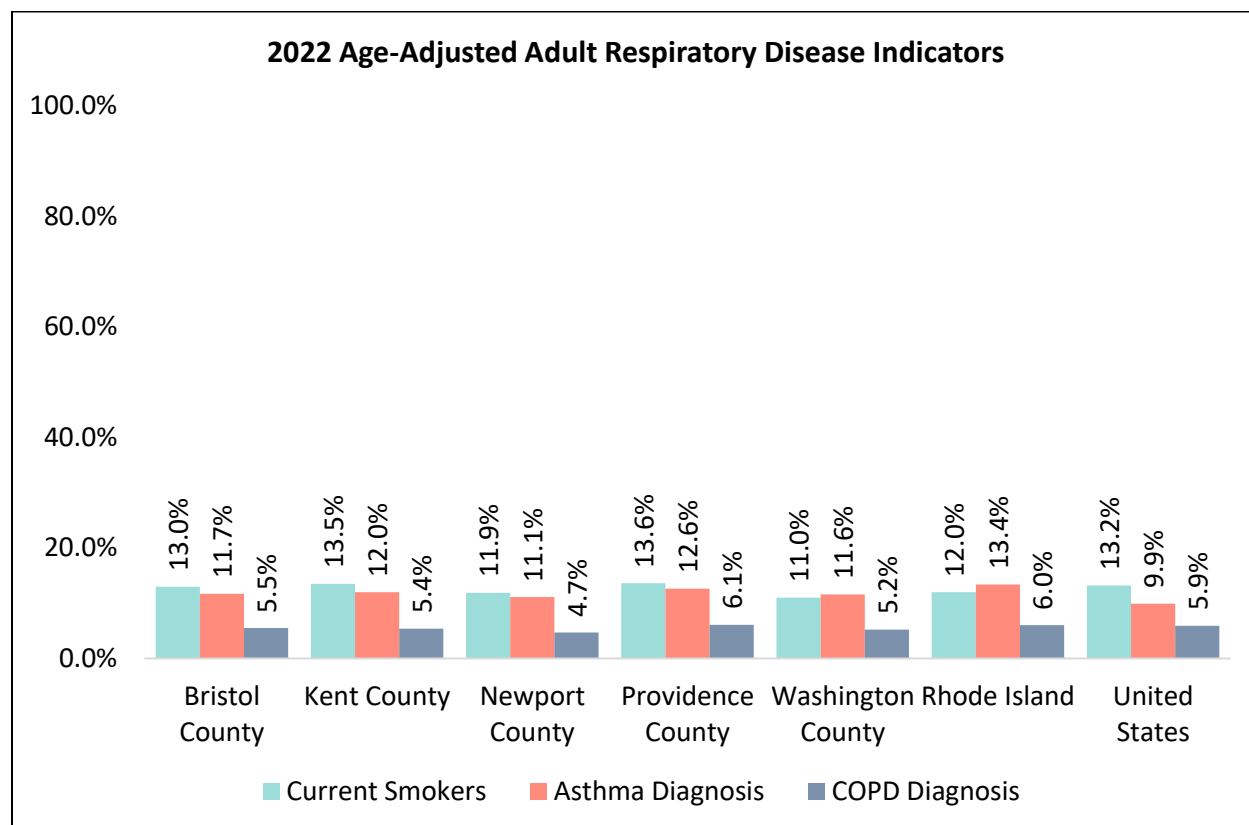


Source: Centers for Disease Control and Prevention



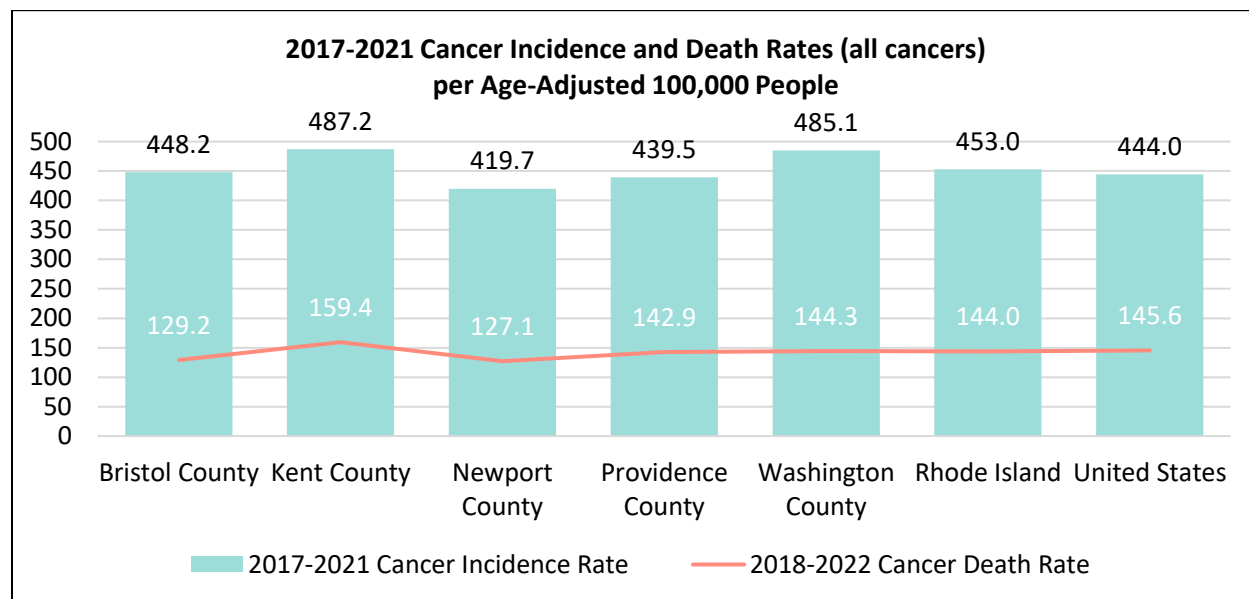
Source: Centers for Disease Control and Prevention

Traditional cigarette use (not including e-cigarettes, cigars, etc.) declined statewide and nationally over the last few decades. Rhode Island adults are less likely to smoke than their peers nationally, although prevalence is slightly higher in Kent and Providence counties compared to other communities. Chronic conditions like asthma and chronic obstructive pulmonary disorder (COPD) are strongly linked to cigarette use, as well as environmental factors like older housing stock. More Rhode Island residents have been diagnosed with asthma as compared to their peers nationally.



Source: Centers for Disease Control and Prevention

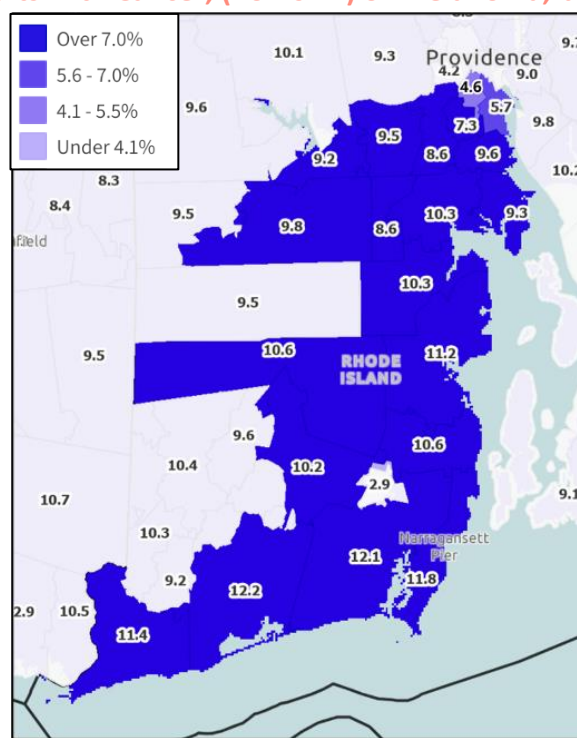
Rhode Island as a whole has similar incidence and death rates due to cancer as the nation, but experiences vary across the state with higher reported death rates in Kent and Providence counties. Across South County Hospital service area zip codes, approximately 1 in 10 adults have been diagnosed with cancer.



Source: Centers for Disease Control and Prevention

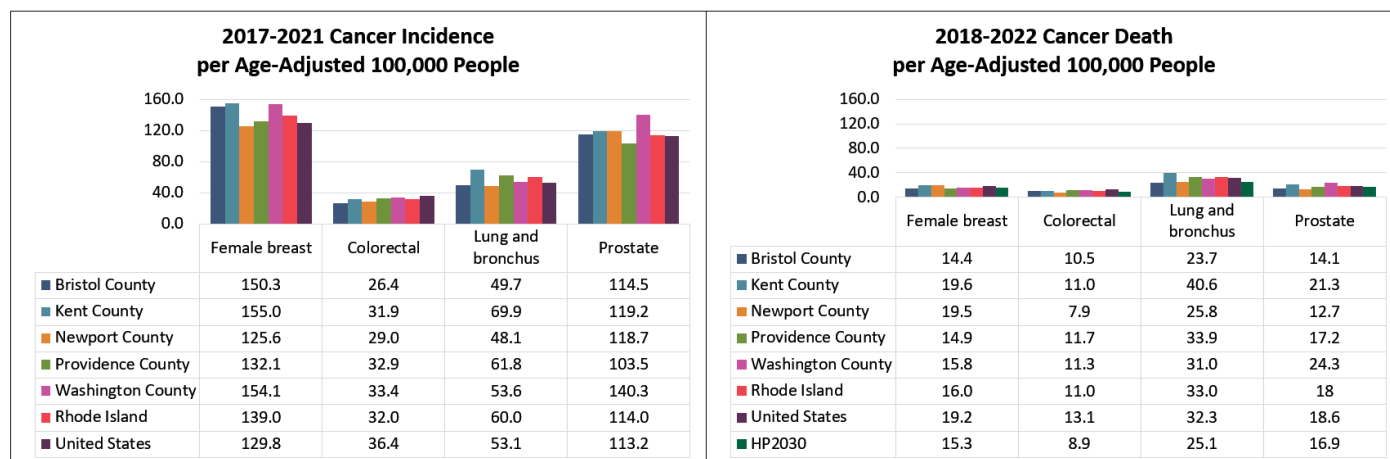
*Cancer incidence data lag and are reported for most recent years available.

2022 Adults with Cancer, (non-skin) or Melanoma, by Zip Code



Source: Centers for Disease Control and Prevention

The top four cancer types are female breast, colorectal, lung and bronchus, and prostate cancers. Statewide, residents have a higher incidence of female breast cancer, but a lower death rate due to female breast cancer, a trend that typically reflects better screening practices for early detection and treatment. Opportunity exists to address community-level disparities in cancer outcomes, including higher female breast cancer death in Kent and Newport counties, higher lung cancer incidence and death in Kent County, and higher prostate cancer death in Kent and Washington counties. Poorer health outcomes related to cancer in these areas may indicate the need for additional screenings and access to treatment as well as addressing social drivers that contribute to health disparities.



Source: Centers for Disease Control and Prevention

Note: Years reported differ for incidence and death rate; data are reported for most recent years available.

Advocates working to reduce cancer in Rhode Island said that cost is a primary barrier for residents seeking preventive screenings and holistic cancer care. They noted that outside of the prevention schedule, insurance does not typically cover screenings (i.e., for lung cancer) at the patient's request. Out-of-pocket costs for nutrition and other holistic support are also not covered by insurance programs. Copays and other costs can keep people with limited resources from accessing primary care to increase early detection of disease. Primary care shortages in Rhode Island have also created a backlog for screenings and prompted some patients to travel to neighboring states where they perceive there is more comprehensive support.

Challenges and Solutions as defined by health and human service professionals identified the following key drivers that impact effective chronic disease prevention and management:

- Declining access to primary care providers and specialized healthcare
- Health literacy among patients, including lack of understanding their insurance benefits
- “Silos” among health and social service providers, prompted by fear of losing resources or market share, which reduces effective collaboration and resource sharing
- Lack of transportation options to get to medical appointments
- Limited support for disease management (e.g., medication management and cost assistance)
- Need for more social workers to help patients and their families navigate the healthcare system and receive social supports

Recommendations to improve chronic disease healthcare and outcomes:

- More clinical sites and mobile options to provide local care and education (e.g., Blue Cross Blue Shield Blue Bus/Blue Store)
- Centralized public communication hub for community and health resource information
- Better reimbursements and incentives for doctors and other providers to stay in state
- Expanded use of Nurse Practitioners and other advanced practitioners to augment physicians
- Adoption of asynchronous visits using text messaging communications with patients
- Respite care and expanded support for caregivers
- More programs to address food security and nutrition like the Food as Medicine program

Housing

More than 70% of Key Stakeholder Survey participants rated housing affordability and availability as “poor.” Participant feedback highlighted rising housing prices, a shortage of available and planned affordable housing across the state, and strong local NIMBY (not in my backyard) opponents to affordable housing development. Gentrification within communities and short-term and vacation rental properties were seen as contributing to affordability challenges. Housing has been treated as a commodity, a source of wealth accumulation and investment, harming residents and making it hard to advocate for housing needs.

“The prevalence of economic disparity between those with much and those with not enough is growing greater every day. [...] Ironically, some of the housing scarcity comes from the development of more arts and related businesses in the downtown area which has come at the expense of what used to be affordable housing apartments. Additionally, the over development of the short-term rental market has also removed housing stock from circulation even as it has contributed to summer over-crowding issues. Also, the political will of the NIMBY group here is quite tangible. Those who already have much are getting even more. Those without enough to live comfortably are being made more uncomfortable by the moment. The disparity is not sustainable.”

Health and human service professionals were concerned that while there has been more state-level support and funding for housing initiatives, programs are not being implemented effectively at the local level due to NIMBY mentality. For some communities, housing insecurity is seen as an issue affecting “outsiders” and not neighbors and long-time residents. Professionals were frustrated by the overall lack of change in housing affordability, citing the need for a comprehensive statewide plan and long-term housing solutions.

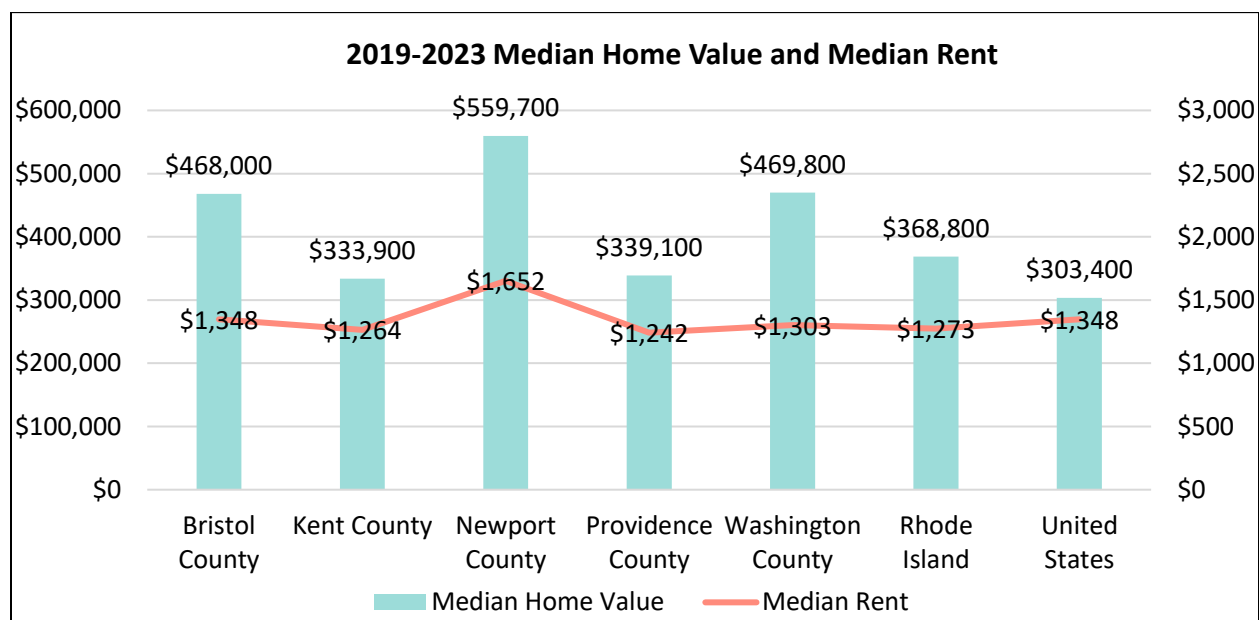
“They don’t think they’re serving their own community.”

“What if we said each town will build 250 units and 75% of them will be filled by people from the area?”

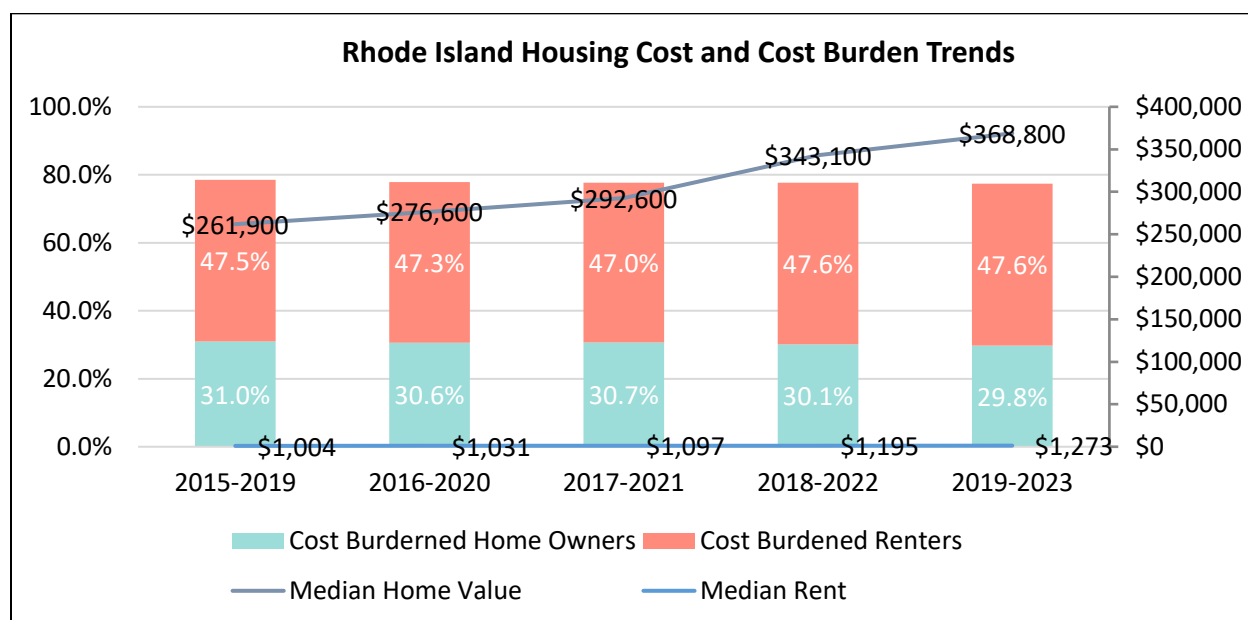
“We have been having these conversations for years now.”

Populations historically placed at risk for housing insecurity, including people with behavioral health conditions, justice-involved people, older adults, and survivors of domestic violence, were seen as facing significant barriers to securing stable and appropriate housing. Recovery housing is limited, often requiring people to move out of their community and making long-term stability more challenging. Current policies exclude many people with a criminal record from affordable housing eligibility, disproportionately affecting those impacted by the opioid epidemic. Partners reported a lack of assisted living beds available for older adults, especially those experiencing cognitive disabilities. Poor oversight in some affordable housing facilities endangers residents, with reports of domestic violence survivors being housed alongside individuals with sex-related offenses.

Housing costs increased nationally and across Rhode Island. From 2019 to 2023, statewide median home value rose 41% and median rent rose 27%. The National Low Income Housing Coalition estimated that in 2023 the hourly wage a full-time worker needed to earn to afford a two-bedroom rental home at fair market rent in Rhode Island was \$33.20. The state minimum wage is \$14.00. Approximately 30% of homeowners and 48% of renters are considered cost burdened, spending 30% or more of their household income on mortgage or rent expenses alone. The proportion of cost burdened households is consistent across Rhode Island counties.



Source: US Census Bureau, American Community Survey

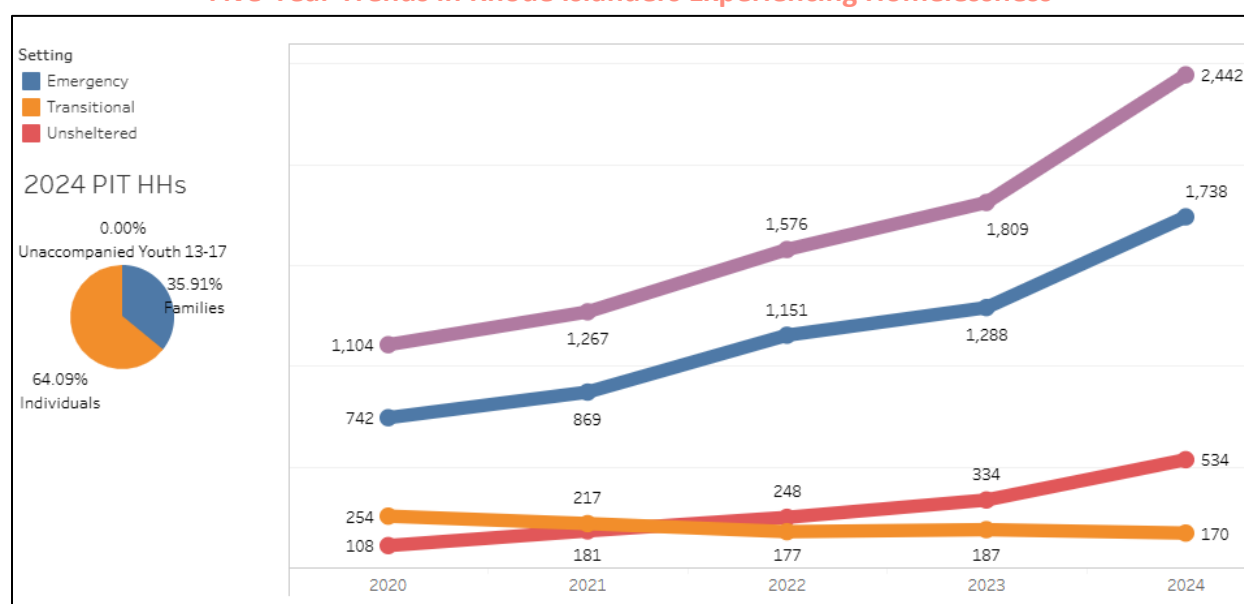


Source: US Census Bureau, American Community Survey

HousingWorks RI at Roger Williams University reports annually on housing affordability data for Rhode Island. In 2024, HousingWorks RI—for the first time—found no Rhode Island municipality where a household with an income under \$100,000 could affordably buy. The lowest calculated income required to buy was in Woonsocket at \$119,123. HousingWorks RI determined that Burrillville was the only municipality where the state’s median renter household income of \$45,560 was sufficient to affordably rent the average-priced two-bedroom apartment.

Rising housing costs have contributed to more people experiencing homelessness. The Point-in-Time (PIT) count is a nationwide count of sheltered and unsheltered people experiencing homelessness. The most recent count conducted in 2024 found that there were 2,442 unhoused Rhode Islanders, a 35% increase from 2023 and more than 120% increase from 2020.

Five-Year Trends in Rhode Islanders Experiencing Homelessness



Source: The Rhode Island Coalition to End Homelessness

Health and human service professionals identified the following recommendations to improve housing:

- Advocate for a comprehensive statewide housing plan with local level accountability
- Explore development of a medical shelter or other care continuum facility that can receive and care for chronically ill unhoused people upon hospital discharge
- Explore alternative approaches to affordable housing development, including acquiring/using abandoned housing
- Provide education like estate planning, financial literacy, etc. to help people pass housing to the next generation (e.g., RI Families-First Model)
- Provide more expungement services to help individuals with criminal records qualify for housing

Maternal and Child Health

Births have declined for most of the past decade, both nationally and in Rhode Island. National research suggests that the general decline in fertility is due to women delaying childbearing and having fewer total children. Rhode Island had the second lowest fertility rate among US states, and the number of babies born to mothers living in Rhode Island declined 18% between 2002 and 2022, from 12,375 to 10,115.

Rhode Island overall reports more positive pregnancy and birth outcomes than the nation. The statewide teen birth rate declined 58% between 2009-2013 and 2018-2022, from 21.0 births per 1,000 teen girls to 8.9 per 1,000. Across the state and all counties, people are more likely to receive early prenatal care and fewer babies are born preterm and/or with low birth weight compared to national averages. However, significant differences in these outcomes are seen between counties population groups. Black people and babies continue to be placed at risk for many of these factors, with only slight improvements from the 2022 CHNA.

2018-2022 Maternal and Infant Health Indicators

	Teen Birth Rate (per 1,000 Ages 15-19)	First Trimester Prenatal Care	Preterm Births	Low Birth Weight Births	Breastfeeding at Time of Birth
Bristol County	NA	84.3%	8.1%	6.8%	83.0%
Kent County	NA	87.8%	8.6%	7.0%	79.0%
Newport County	NA	87.4%	7.5%	6.7%	85.0%
Providence County	NA	82.3%	9.6%	8.2%	73.0%
Washington County	NA	90.0%	8.3%	5.9%	81.0%
Rhode Island	8.9	84.2%	9.2%	7.7%	76.0%
Asian, Non-Hispanic	3.3	83.7%	8.8%	8.9%	82.0%
Black or African American, Non-Hispanic	9.8	78.3%	11.4%	11.4%	69.0%
White, Non-Hispanic	3.7	87.1%	8.4%	6.6%	79.0%
Hispanic or Latina (any race)	24.3	81.8%	10.2%	8.3%	70.0%
HP2030 Goal	NA	80.5%	9.4%	NA	NA

Source: Rhode Island KIDS COUNT Factbook

Pregnancy and birth disparities are evident in Providence County and largely experienced by people living in the core cities. While the teen birth rate for the core cities declined at a similar rate as the state overall, it remains more than three times higher than the remainder of the state. The proportion of people residing in the core cities and receiving early prenatal care improved from the 2022 CHNA (79.5% to 80.4%), but preterm and low birth weight births are persistently high. The core cities saw improvement in the proportion of people breastfeeding at time of birth from the 2022 CHNA (63% to 68%).

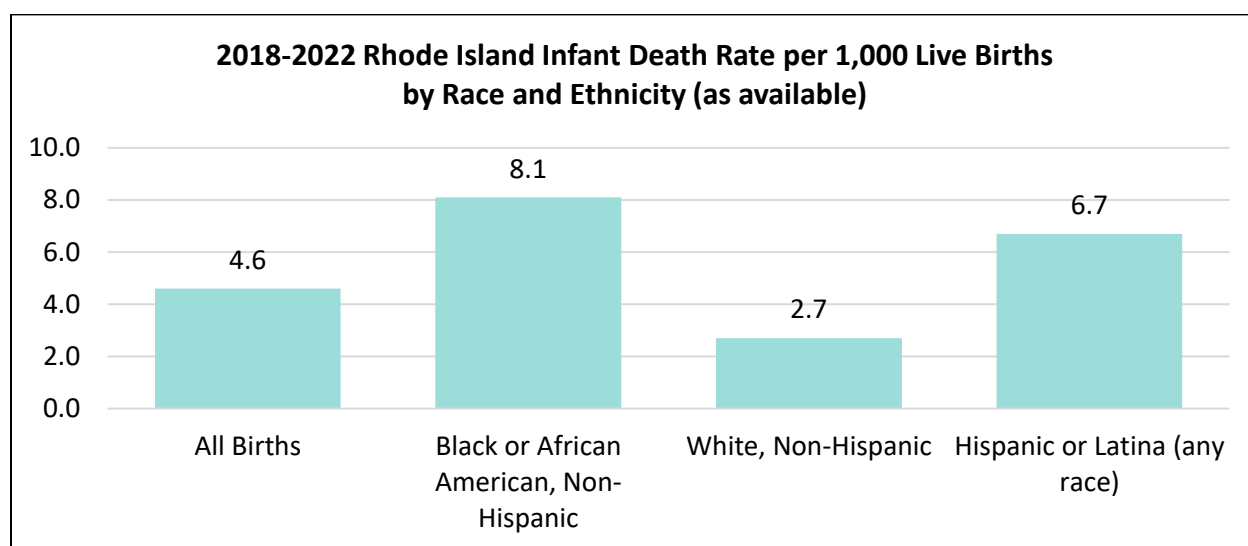
2018-2022 Maternal and Infant Health Indicators for Core Cities

	Teen Birth Rate (per 1,000 Ages 15-19)	First Trimester Prenatal Care	Preterm Births	Low Birth Weight Births	Breastfeeding at Time of Birth
Central Falls	21.3	77.9%	11.8%	8.3%	67.0%
Pawtucket	19.0	81.9%	9.9%	9.2%	70.0%
Providence	15.5	79.9%	10.1%	8.8%	68.0%
Woonsocket	25.5	81.9%	10.3%	8.8%	66.0%
Four Core Cities	17.3	80.4%	10.2%	8.8%	68.0%
Remainer of Rhode Island	4.5	86.5%	8.5%	7.0%	81.0%
Rhode Island (all)	8.9	84.2%	9.2%	7.7%	76.0%
HP2030 Goal	NA	80.5%	9.4%	NA	NA

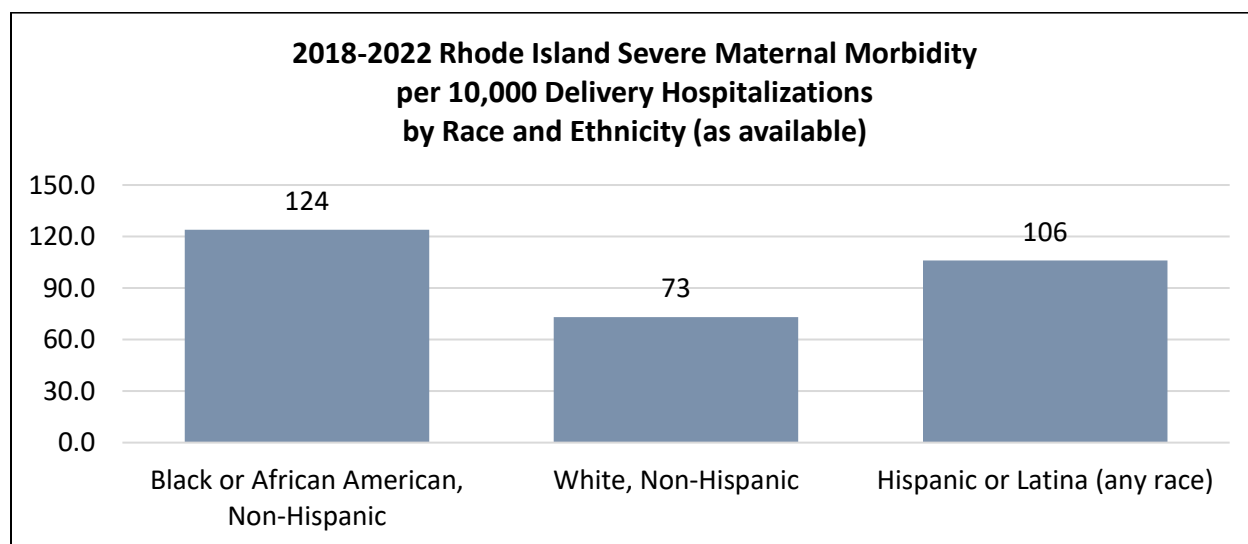
Source: Rhode Island KIDS COUNT Factbook

The infant death rate is widely used as a key indicator of community health because it reflects not only the health of infants but also the overall health and wellbeing of a population. It serves as an overall indication of factors like access to healthcare, socioeconomic conditions, and the quality of the environment.

The five-year aggregate (2018-2022) infant death rate for Rhode Island meets the Healthy People 2030 target of 5.0 per 1,000 live births, but disparities by race and ethnicity are indicative of the social and environmental stresses experienced by people of color. Across Rhode Island, the infant death rate for non-Hispanic Black and Hispanic and/or Latinx infants is 2.5-3 times higher than the death rate for white infants. Similarly, the prevalence of severe maternal morbidity, defined as unintended outcomes of labor and delivery that result in significant consequences to a woman's health, is significantly higher for Black and Hispanic and/or Latina women.



Source: Rhode Island KIDS COUNT Factbook

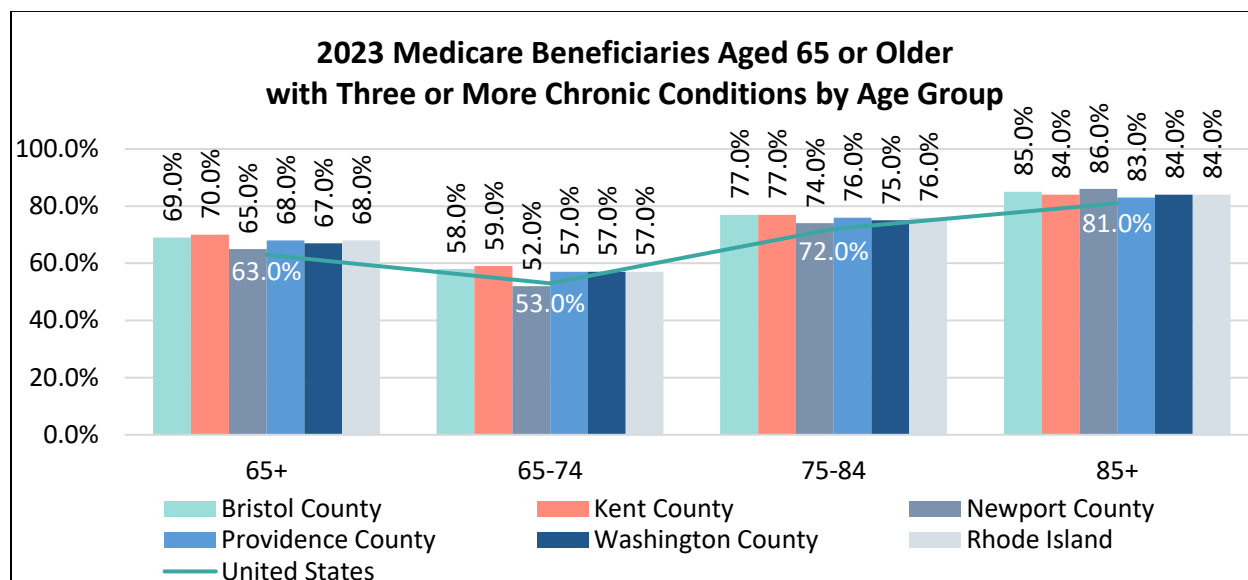


Source: Rhode Island KIDS COUNT Factbook

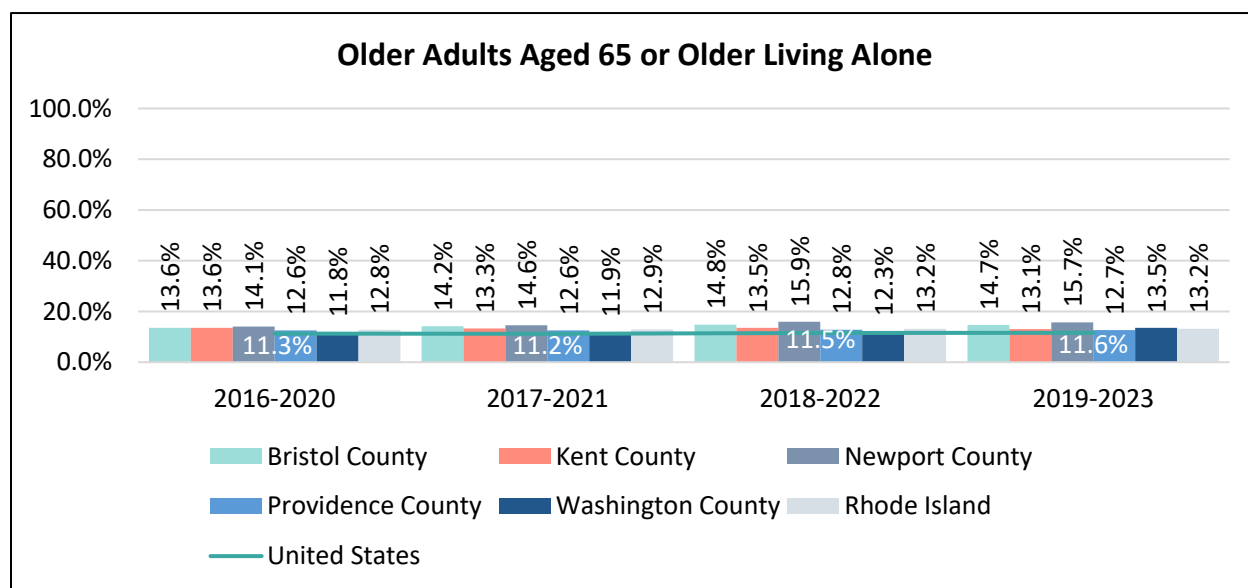
Older Adult Health and Wellbeing

Rhode Island's population is rapidly aging. From 2010 to 2023, the number of adult residents aged 65 or older grew 33.3% statewide and by as much as 50%-60% in Newport and Washington counties.

Older adults are more at risk for chronic disease, as well as factors that impede disease management, including economic insecurity, social isolation, and access barriers (e.g., transportation, digital literacy). In 2023, 68% of Rhode Island Medicare beneficiaries aged 65 or older managed three or more chronic conditions, most commonly high cholesterol (72%), high blood pressure (70%), rheumatoid arthritis (37%), diabetes (27%), and depression (21%). An increasing percentage of older adults live alone, estimated at 13% in 2023.



Source: Centers for Medicare and Medicaid Services



Source: US Census Bureau, American Community Survey

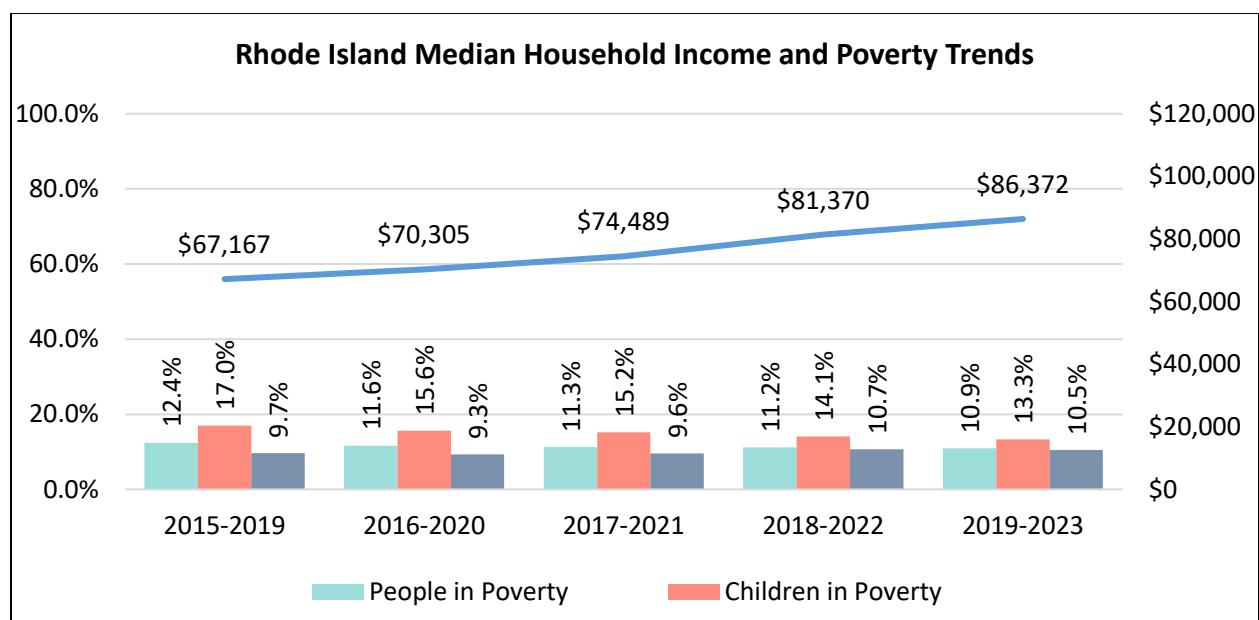
Health and human service professionals shared that more older adults are experiencing mental health challenges, often rooted in loneliness and isolation. While socialization opportunities for older adults have improved (e.g., senior centers, volunteering, intergenerational college classes), more is needed to intentionally engage this population. Professionals recommended more direct communication, noting that older adults are increasingly opting in to text messages as a primary form of communication. They also recommended a centralized database for older adult events and information, leveraging organizations like Age Friendly Rhode Island to assist with implementation.

Transportation was seen as a community-wide issue that particularly affected older adults. Some older adults no longer drive, and many no longer have families in the area to assist with their needs. Westerly Village, A Community Together, and Seniors Helping Seniors are valuable community-based resources for transportation, but they have limitations, requiring advance planning and relying on volunteers that are in short supply.

“Many of our members have multiple co-morbidities; also, many can no longer drive, leading to social isolation and failure to make medical appointments.”

““They[the older adults] get released at 2 am, they live alone, don’t drive themselves, and they’re told they’ve got to get home.”

Older adults typically live on a fixed income and have been disproportionately affected by the rising cost of living. While the proportion of all Rhode Island residents and children living in poverty declined, the proportion of older adults living in poverty increased in recent years. More older adults were perceived to struggle with homelessness, food insecurity, and medication costs, among other concerns. Health and human service professionals noted that despite rising financial concerns, many older adults are either not aware of the services available to them or are uncomfortable asking for help.



Source: US Census Bureau, American Community Survey

Other primary barriers for older adults to maintain their health are a lack of caregiver support and Medicare insurance gaps. Caregivers were seen as overburdened by their responsibilities, with both limited options for respite care and limited awareness of community resources that are available to support them. Medicare insurance gaps included high costs of supplemental insurance, lack of home care and home modification coverage, and a potential end to telehealth reimbursement.

“Caregivers don’t know where to go. Trying to get information to them is hard. They don’t come [to events]. They have children and parents to take care of.”

As part of the CHNA, South County Health hosted a Listening Session in partnership with A Community Together, a social network serving older neighbors in South Kingstown and Narragansett by supporting affordable aging-in-place services. Participants shared many of the above concerns, stating that older adults are increasingly isolated and underserved. They are frustrated by healthcare consolidation and perceived impersonal systems; participants felt disconnected from providers, overwhelmed by technological expectations (e.g., patient portal), and let down by short appointment times and rotating providers. They called for older adult health advocates to be available at points of care.

Our Response to The Community's Needs

In 2022, South County Health conducted a similar CHNA and developed a supporting three-year CHIP. Based on the CHNA findings, South County Health leadership identified two priority areas:

- Behavioral health
- Chronic Disease

South County Health invested in internal population health management strategies and partnered with diverse community agencies across Rhode Island to fund programs and initiatives aimed at addressing the identified priority areas. The system measured contributions and community impact from these investments, as outlined in the following sections.

South County Health's community benefit initiatives and collective health improvement efforts with partner organizations demonstrate its commitment to the health of the community. This work is supported by South County Health's Community Health Division, providing stewardship for the community through strategic, collaborative partnerships with other organizations whose mission and vision support the health and wellbeing of residents.

Healthy Bodies, Healthy Minds (HBHM)

South County Health provided administration and staffing support for Healthy Bodies Healthy Minds (HBHM) for its role as one of 15 Health Equity Zones (HEZs) in the state. HBHM convenes community partners across Washington County to enact system-level changes in health and wellbeing.

HBHM takes a multi-sector approach to untangle the underlying and intersectional issues that challenge residents in living healthy lives. Efforts focus on "place," rather than individual residents, in the areas of housing, transportation, behavioral health, healthy aging, and overcoming health inequities through resident driven change (Healthy Communities).

Key accomplishments for HBHM from 2022 to 2024 included the following:

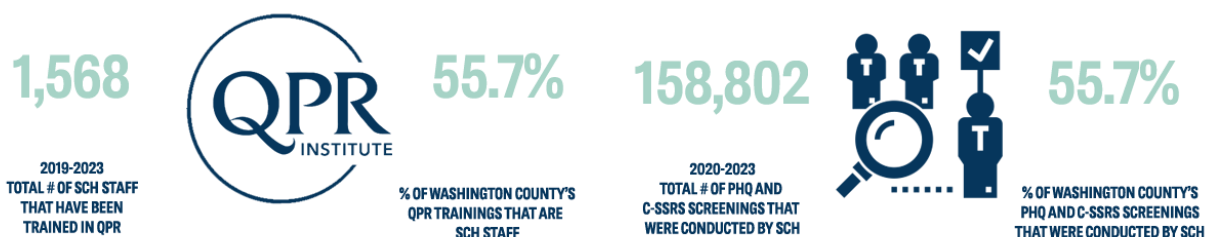
- Formation of new workgroups to collectively address transportation and housing, and an updated action plan to guide the behavioral health workgroup's actions.
- Provided written testimony in support of HB 7255 for the FY 2025 Governor's Budget at the Rhode Island Department of Health, advocating for critical funding to advance health equity initiatives in Washington County.
- Actively supported advocacy efforts against harmful bills targeting the LGBTQ+ community in Rhode Island. Supporting Thundermist and GLAD, HBHM facilitated community sign-ons to oppose these bills.
- Legislative advocacy was supported by the recruitment of two 'Health Policy Scholar' interns who: tracked 20 identified bills of interest, drafted testimony and talking points for our two volunteer lobbyists to submit, and crafted a 988 Fact Sheet and Legislative Action Alerts to support passage of legislation aligned with HBHM's policy agenda and Action Plan.

- Successfully facilitated Medicaid recertification support for numerous residents. Community members came together to identify gaps in the system and strategize optimal ways to improve the application process and notification methods.
- Distributed essential diaper and clothing items, donated by Women and Infants Hospital, to HBHM partners who, in turn, provided them to families in need across Washington County.
- Conducted Mental Health First Aid (MHFA) training for community and health and human service providers and sponsored mental health support websites.
- Conducted Incredible Years Parenting groups engaging 33 parents of preschoolers.
- Sustained and grew the Crisis Intervention Team, a community-based program that unites law enforcement, mental health professionals, and other stakeholders to improve responses to individuals experiencing mental health crises
- Secured RI Foundation grant funding to support youth development and teen mental health.
- Supported legislation (H 5881) to expand required mental health training for RI Police departments to include evidence-based trainings.
- Partnered with Rhode Island State Police and Rhode Island Municipal Police Training Academies to develop and deliver mental health training at all training academies for new police cadets.

Washington County Zero Suicide (WCZS)

WCZS takes a population health approach to suicide prevention by implementing Zero Suicide within the region's eight major healthcare organizations, including South County Health. An important part of this effort is having an adequately trained workforce and universal patient screening for depression and suicidality. Programmatic sustainability at South County Health includes Question Persuade Refer training for all new employees at orientation, standardized screening for all patients on suicide risk, and addressing behavioral health needs with defined care plans.

From January 1, 2019 to September 29, 2023 a total of 36 organizations including South County Health trained staff through face-to-face and online Question/Persuade/Refer (QPR) training modalities. Across Washington County, a total of 2,812 health care workers were QPR trained. South County Health is also one of seven health care organizations in Washington County that conducts universal screening of all emergency department patients ages 25 and up using the Patient Health Questionnaire (PHQ) 2, PHQ 9 and the Columbia Suicide Severity Rating Scale (C-SSRS). A total of 258,107 PHQ and C-SSRS screens were conducted from 2020-2023.



Rhode to Equity (R2E)

Rhode to Equity (R2E) was a RIDOH two-year grant with funding under HBHM to support community-based initiatives providing equity and access to care and reducing high healthcare utilization. The grant allowed South County Hospital to add two full-time community health workers (CHWs) to support patients with multiple emergency room visits and intervene when identifying gaps in Social Drivers of Health (SDoH). The program was hosted in partnership with Thundermist, who also added one full-time CHW focused on behavioral health care access in the community.

In 2024, CHWs screened nearly 6,000 people at risk for poor health due to social barriers and served over 4,000 people. Overall healthcare utilization also decreased for patients receiving intervention.

Behavioral Health Accomplishments

2022 CHIP Goal: Strengthen and support community initiatives that increase awareness of behavioral health, improve access to treatment, and promote wellness, recovery, and resilience.

- Implemented the care model known as Hospital Elder Life Program (HELP) at South County Hospital to provide supportive care for patients with dementia and Alzheimer's during their hospital stay. The program's impact is significant: studies have shown that HELP reduces delirium rates by 40% and functional decline rates by 67%, while also shortening hospital stays.
- Implemented universal Patient Health Questionnaires (PHQ) for patients aged 25 or older seen in the Emergency Department to assess for suicide risk. Those identified at risk for suicide complete the Columbia Suicide Severity Rating Scale (C-SSRS), and if appropriate, are referred for behavioral health assessment and treatment. From 2020-2023, a total of 158,802 PHQ and C-SSRS screenings have been conducted, accounting for 55.7% of Washington County's total PHQ and C-SSRS screenings.
- Invested in a behavioral health-friendly unit adjacent to the Emergency Department, an advanced practice provider position for early initiation of medication management, and earlier access to treatment.
- Expanded behavioral healthcare in the Emergency Department with a new holding unit and an advanced practice registered nurse to care for patients awaiting inpatient transfer.
- Added two full-time Community Health Workers to support patients with multiple emergency room visits and intervene when identifying gaps in Social Determinates of Health (SDOH).
- Launched a Community Care Team in October 2023 in partnership with Thundermist, convening local municipal and community partners to review community members with the highest need and develop person-centered health and social service care plans.

Chronic Disease Accomplishments

2022 CHIP Goal: Achieve equitable life expectancy and quality of life for all people by ensuring all residents have the resources they need to maintain their health.

- South County Health supported clients with SDoH barriers, providing financial assistance, education, social and emotional support, among other items. The following is a list of services provided to clients:
 - Grocery gift cards and short-term support with utilities.
 - Prescription delivery support for home-bound patients and families.
 - Pick-up and delivery services from the local food bank for home-bound patients.
 - Social and emotional support to patients and families socially isolated during the pandemic, including regular check-in phone calls
 - Vaccination education and clinics.
 - Support for issues related to housing, evictions, and other moratoriums, including partnership with the Medical Legal Partnership of Boston (MLPB) for legal counsel.
 - Borrowing service for iPads and WiFi hotspots to enable patients to connect with friends and family, schedule medical appointments, and/or attend partial day programs
- Partnered with Johnnycake Center For Hope to provide basic nutrition education to community members. Through the partnership, South County Health led the **Food is Medicine** program, a ten-week cooking and health education series for people living with, or at risk of, diabetes. Culinary nutrition education lessons were provided, featuring cooking demonstrations and a focus on how those living with diabetes can better manage their condition through diet.
- In FY2023, **South County Home Health achieved its goal of 4 Stars for Patient Experience** as measured by Home Health Compare. South County Home Health is a leader in the delivery of skilled visiting nurse care, rehabilitation, wound care, and other medical and non-medical services for patients who are recovering at home. The program offers specialty services such as Big and Loud, a Certified Diabetic Educator, Certified Wound Nurse, as well as staff certified in Lymphedema therapy and Vestibular therapy

Other Achievements and Programs

- South County Hospital continued to offer a range of professional development opportunities for Registered Nurses (RNs) including a Nurse residency program, the Peri-Op program (two RNs per year), PACU Fellowship for med-surg RNs (eight completing the program since 2021), and a newly redesigned Student Nurse Intern Program developed by the Professional Development Department for June 2024. Eight participants in their final year of nursing school worked with an RN preceptor full-time in either a Frost unit or the Emergency Department.

Next Steps and Board Approval

Thank you to our community partners that provided guidance, expertise, and ongoing collaboration to inform the 2025 CHNA and foster collective impact in improving the health and wellbeing of Rhode Island residents.

The CHNA was approved by the South County Health Board of Directors in September 2025. Following the Board's approval, the CHNA report was made widely available to the public via our website at <https://www.southcountyhealth.org/about-sch/about-sch/community-health-needs-assessment>.

A full summary of secondary data findings for Rhode Island and its counties is also provided on the website and available to our community partners to serve as a resource for grant making, advocacy, and to support their many programs and services.

We value your input on our CHNA and CHIP. To contact us, please visit our website or contact Nina Laing at nlaing@southcountyhealth.org.

Appendix A: Secondary Data References

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Appendix B: Key Stakeholder Survey Participants

The following is a list of represented community organizations and the participants' respective title, as provided.

Organization	Title/Role
Acoustic Neuroma Assoc Support Group - Southeast New England Chapter	Moderator
Alzheimer's Association RI Chapter	Executive Director
Big Brothers Big Sisters of RI	Director of Program Growth and Impact
Boys & Girls Clubs of Northern RI (BGCNRI)	Director of Family & Community Engagement
Bradley Hospital	Family Liaison Program Manager
Brown Health Medical Group Primary Care- formerly Coastal Medical	Chief of Primary Care
Brown University Health	Case Management
Brown University Health	Director of Discharge Planning
Brown University Health	VP, Care Coordination
Brown University Health Transitions Clinic	Americorp VISTA member
Brown University Health (RIH, TMH and NPH)	Director of Social Work
Butler Hospital / CNE	Butler Hospital / CNE
Care New England	Vice President and Chief Diversity Officer
Care New England	Director Revenue Finance
Care New England / The Warren Alpert Medical School	Primary Care Physician / Chief Health Equity Officer / Associate Dean
Comprehensive Community Action Plan	Education Coordinator
Chariho Regional School District	Director of Development and Sustainability
Charter Care/Roger Williams Medical Center	Manager of Case Management
CharterCARE health partners	CharterCARE health partners
Coastline EAP/RI Student Assistance Services	CEO
East Bay Community Action Plan	Community Health Worker, Transgender Whole Healthcare
Eleanor Slater Hospital	Chief Executive Officer
Eleanor Slater Hospital	Associate Director of LTACH Admissions/ Community Relations Liaison
Eleanor Slater Hospital BHDDH	Administration
Emma Pendleton Bradley Hospital	President
Family Service of Rhode Island	Chief of Behavioral Health
Hospital Association of RI/Health Care Coalition RI	Director
Harris House Apartments	Harris House Apartments
Healthcentric Advisors	CEO
HousingWorks RI	Executive Director
Juneteenth RI	President
Kent Hospital	Kent Hospital
Landmark Medical Center	Administration
Leadership RI	Fellow
LISC- Pawtucket Central Falls Health Equity Zones	Program Officer
Ministers Alliance of Rhode Island	Treasurer
National Alliance on Mental Illness Rhode Island	Executive Director
North Kingstown Fire Department	Assistant Fire Chief/EMS Chief

Organization	Title/Role
North Providence Fire Department	EMS Chief
Ocean Community YMCA - Westerly	Health & Wellness Director
Office of the Health Insurance Commission, Yale New Haven Health Systems	Suicide Prevention Coordinator
PACE-RI Elderly Services	Chief of External Affairs
Partnership to Reduce Cancer in Rhode Island	Coalition Coordinator
Partnership to Reduce Cancer in Rhode Island	Executive Director
Perspectives Corporation	Director
Portsmouth Middle School	School Counselor
Providence Public School District	Social worker
Pride in Aging RI	Volunteer
Prime Healthcare	Corporate Regional Director of Case Management
Providence Career and Technical Academy	Providence Career and Technical Academy
Providence Community Health Centers	AVP, Site Operations
Rhode Island Coalition to End Homelessness	Community Programs Manager
PACE-RI Elderly Services	Chief of External Affairs
Partnership to Reduce Cancer in Rhode Island	Coalition Coordinator
Partnership to Reduce Cancer in Rhode Island	Executive Director
Perspectives Corporation	Director
Portsmouth Middle School	School Counselor
Providence Public School District	Social worker
Pride in Aging RI	Volunteer
Prime Healthcare	Corporate Regional Director of Case Management
Providence Career and Technical Academy	Providence Career and Technical Academy
Providence Community Health Centers	AVP, Site Operations
Rhode Island Coalition to End Homelessness	Community Programs Manager
Rhode Island College	Interim Dean, Onanian School of Nursing
Rhode Island Commission on the Deaf and Hard of Hearing	Deaf community member
Rhode Island Community Food Bank	CEO
Rhode Island Health Care Association (RIHCA)	President & CEO
Rhode Island KIDS COUNT	Director of Early Childhood Policy and Strategy
RI Deaf Senior Citizens	President
RI Certified School Nurse Association	President
RI Coalition for Elder Justice	Healthcare EM Director
RI Legal Services	Social Worker, BSW
RI legislature	NA
RI Coalition Against Domestic Violence	Executive Director
RI Department of Health	Epidemiologist
RIPIN	Resource Coordinator Office of Special Needs (RIDOH)
RIPIN	Family Support Specialist
Saint Elizabeth Haven for Elder Justice	Elder Justice Advocate
South County Health	CMO
South County Health	South County Health
South County Health	Team Leader
South County Health	Manager
South County Health	Administrative Director of Nursing Operations
South County Health	Director of Revenue Cycle Management

Organization	Title/Role
South County Health	South County Health
South County Health	South County Health
South County Health	South County Health
South County Health	Case Manager
South County Health	VP Strategy
South County Health	Clinical Leader Respiratory Therapy, EKG, EEG
South County Health	AVP Community Health
South County Home Health, HCO-ID 65237 (Wakefield, RI)	Director
South County Hospital	Nurse
South County Hospital	Director Emergency Services
South County Hospital	South County Hospital
South County Hospital	South County Hospital
South County Hospital	nursing director
South County Hospital	Clinical Leader
South County hospital Case Manager Department	CM /RN
South County Hospital Health Care System	South County Hospital Health Care System
South County Hospital	Pharmacy Manager
St. Thomas	Pastor
The Miriam Hospital	Manager of Case Management
The Providence Center	The Providence Center
The Rhode Island Department of Elementary and Secondary Education	The Rhode Island Department of Elementary and Secondary Education
Town of Richmond	Human Services
Town of Westerly	Assistant Town Manager
Tri County Community Action Agency HEZ	Tri County Community Action Agency HEZ
United Congregational Church of Westerly, United Church of Christ	Pastor
United Way of Rhode Island	Chief Impact and Equity Officer
Washington County Coalition for Children	Director
West Elmwood Housing	02907 HEZ Program Director
West Elmwood Housing / 02907 Hez	Community Health Worker
West Warwick Police Department	Chief of Police

Appendix C: Partner Forum Participants

The following is a list of community representatives and their respective organization, as provided.

Warwick Partner Forum

Organization	Name
Boys and Girls Clubs of Warwick	Jo-Ann Schofield
Elizabeth Buffum Chace Center	Stefanie Curran
Kent Hospital	Emily Angelo
Kent Hospital	Jenny Laluz
Kent Hospital	Kayla Goncalves
Kent Hospital	Tiffany Belcher
Mothers Against Drunk Driving	Jenn O'Neil
Thrive BH	Brooke Myers
Thrive BH	Dawn Allen
Tides Family Services	Meredith Correia
Warwick HEZ	Deidre Jones
Warwick HEZ	Michael Fratus
WIC	Chantelle Dos Remedios

Washington County Partner Forum

Organization	Name
Alzheimer's Association - Rhode Island Chapter	Jennifer Finley
Brown Health - Gateway	Danielle Stewart
Chestnut Court Tenant Association	Charlene Fry
Gateway Healthcare	Susan Stevenson
Healthy Bodies Healthy Minds Washington County HEZ	Kristen Frady
Oakley Home Access	Justin Oakley
Ocean Community YMCA - Westerly	Janine Parkins
Society of Saint Vincent de Paul - Rhode Island Southern District	Joan Gradilone
South County Health	Lynne Driscoll
South County Health	Holly Fuscaldo
South County Home Health	Elaine Irby
South County Home Health	Kelly Pucino
South County Hospital	Alyssa Marciniak
South County Hospital	Nina Laing
South County Mobile Integrated Health	Kevin McEnery
South Kingstown Police Department	Matthew Moynihan
Town of Exeter	Jessica DeMartino
Wellbeing Collaborative	Dan Fitzgerald
Wood River Health	Christine King
Wood River Health	Frank Hopkins
Wood River Health	Kat Miller
Wood River Health	Sarah Channing
Yale New Haven Hospital	Shanthi Mogali
Yale New Haven Hospital	Rob Harrison, MD
Resident-at-Large	Maxine Mae Hutchins

Woonsocket Partner Forum

Organization	Name
Blackstone Valley Prevention Coalition	Lisa Carcifero
City of Woonsocket	Margaux Morisseau
Community Care Alliance	Bette Gallogly
Community Care Alliance	Mark Cote
Community Care Alliance	Christa Thomas-Sowers
Community Care Alliance	Jessica Jones
Connecting for Children & Families	Felix Colón
Connecting for Children & Families	Erin Spaulding
Crisis Intervention Teams of Rhode Island	Sarah Begin
Discovery House of Woonsocket Comprehensive Treatment Center	Kar Wilson
Eleanor Slater Hospital	Hector Guerreiro
Hospital Association of Rhode Island	Lisa Tomasso
Landmark Medical Center	Deb Hansen
Landmark Medical Center	Carolyn Kyle
Landmark Medical Center	Daniel Quinn
Providence Revolving Fund	Veronica Vega
The Autism Project	Linda Brunetti
Tides Family Services	Meredith Correia
Woonsocket City Council	Kristina Contreras Fox
Woonsocket Comprehensive Treatment Center	Matthew Rogalski
Woonsocket Head Start Child Development Association	Jody Ragosta
Woonsocket Health Equity Zone	Ana Antonopoulos
Woonsocket Health Equity Zone	Kwang Baek
Woonsocket Health Equity Zone	Tara Cimini
Woonsocket Health Equity Zone	Shelly Hyson
Woonsocket Health Equity Zone	Boonie Piekarski